The Rock Dance



編舞者: Maureen Jones (UK) & Michelle Jones (UK)

音樂: We Will Rock You - Queen



ROCK, TOUCH BACK, HOLD, STEP, ½ TURN, STOMP, HOLD

1-2	Rock forward	l on right	rocovor w	ciabt on loft
1-/	ROCK TOTWARD	i on riant	recover w	reiant on lett

3-4 Touch right back, hold

5-6 Step forward on right, pivot ½ turn left (weight ends on left)

7-8 Stomp right beside left, hold

POINT LEFT, TOUCH, POINT LEFT, HOLD, KICK, CROSS, POINT RIGHT, HOLD

9-10	Point left toes to left, touch left beside right
11-12	Point left toes to left and punch left fist towards floor, arm straight & parallel to left leg, hold
13-14	Kick left forward, step left across right
15-16	Point right toes to right and punch right fist towards floor, arm straight & parallel to right leg, hold

ROCK BACK, RECOVER, STEP, HOLD, ROCK BACK, RECOVER, STEP, HOLD

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17-18	Rock back on right, recover on left
19-20	Step forward on right, hold
21-22	Rock back on left, recover on right
23-24	Step forward on left, hold

HEEL TOUCH, STEP, STOMP, HOLD, BUMP HIPS LEFT-RIGHT-LEFT, HOLD

25-26	Touch right heel forward, step right beside left
27-28	Stomp left forward, hold
29-30	Bump hips left, bump hips right
31-32	Bump hips left, hold

REPEAT

During the introduction, prior to the vocals, arm movements may be added as follows:

1-2 Clap, clap

3-4 Punch both fists upwards, hold

Repeat until dance starts on vocals.