

Rock Around The Clock

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Tony Chapman (UK)
音樂: Rock Around the Clock - Bill Haley & The Comets



RIGHT, TOGETHER, RIGHT, HOLD, CROSS, STEP WIDE, OVER, HOLD

1-2 Touch right toe to side, touch right toe together
3-4 Touch right toe to side, hold
5-6 Cross right behind left, step left to side
7-8 Cross right over left, hold

LEFT, TOGETHER, LEFT, HOLD, CROSS WIDE, OVER, HOLD

1-2 Touch left toe to side, touch left toe together
3-4 Touch left toe to side, hold
5-6 Cross left behind right, step right to side
7-8 Cross left over right, hold

FORWARD, BACK, BACK, HOLD, BACK, OVER, BACK, HOLD

1-2 Rock right forward, recover to left
3-4 Step right back, hold
5-6 Step left back, lock right over left
7-8 Step left back, hold

BACK, FORWARD, FORWARD, HOLD, FORWARD, CROSS, FORWARD, HOLD

1-2 Rock right back, recover to left
3-4 Step right forward, hold
5-6 Step left forward, lock right over left
7-8 Step left forward, hold

RIGHT TOE, HEEL, OVER, HOLD, LEFT TOE, HEEL, OVER, HOLD

1-2 Touch right toe together, touch right heel to side
3-4 Cross right over left, hold
5-6 Touch left toe to together, touch left heel to side
7-8 Cross left over right, hold

RIGHT BACK, TOGETHER, FORWARD, HOLD, TURN ¼ LEFT, ¼ LEFT, ¼ LEFT, HOLD

1-2 Step right back, cross left behind right
3-4 Step right forward, hold
5-6 Turn ¼ left and step left forward, turn ¼ left and step right to side
7-8 Turn ¼ left and step left together, hold

REPEAT
