

# Rock & Turn

拍數: 40      牆數: 4      級數: Beginner  
編舞者: Michelle Morrison (AUS)  
音樂: Turn Me Loose - Vince Gill



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|-------|--|
| 1-4   | Stomp right beside left, hold, touch right toe to side, touch right beside left  |
| 5-8   | Touch right heel forward 45 degrees, brush right heel up to left knee, touch right heel forward 45 degrees, step right beside left                       |
| 9-12  | Stomp left beside right, hold, touch left toe to side, touch left beside right   |
| 13-16 | Touch left heel forward 45 degrees, brush left heel up to right knee, touch left heel forward 45 degrees, touch left beside right                        |
| 17-20 | Step left forward 45 degrees, touch right beside left, step right back 45 degrees, touch left beside right   |
| 21-24 | Step left forward 45 degrees swaying hips forward, rock back onto right while swaying hips back, rock forward onto left while swaying hips forward, hold |
| 25-28 | Step back onto right, rock forward onto left, step forward on right, turn $\frac{1}{4}$ turn left  |
| 29-32 | Step back onto left, rock forward onto right, step forward on left, turn $\frac{1}{4}$ turn right  |
| 33-36 | Step back onto right, rock forward onto left, step forward on right, turn $\frac{1}{4}$ turn left  |
| 37-40 | Step back onto left, rock forward onto right, step forward on left, hold   |

**REPEAT**

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