

# Rock & Stroll

拍數: 32      牆數: 4      級數:  
編舞者: Peter Heath (AUS)  
音樂: Rock & Roll Dance Party Mix - Rick Trevino



## STROLL, SCUFF, VINE, HITCH

- 1-2            Step right foot diagonal forward & right, lock left foot behind right foot
- 3-4            Step right foot diagonal forward & right, scuff left heel past right foot
- 5-6            Step left foot to left, cross right foot behind left foot
- 7-8            Step left foot to left, hitch right knee

## REVERSE STROLL, TOUCH, VINE, STAMP

- 9-10           Step right foot diagonal back & right, lock left foot in front of right foot
- 11-12          Step right foot diagonal back & right, touch left foot to right foot
- 13-14          Step left foot to left, cross right foot behind left foot
- 15-16          Step left foot to left, stamp right foot alongside left foot (no weight)

## (RIGHT) BACK ROCK 4, TURN ¼ LEFT & FORWARD ROCK 4

- 17-19          Rock back right foot, rock forward left foot, rock back right foot
- 20             Recover left foot
- 21-22          Turn ¼ left & rock forward right foot, rock back left foot
- 23-24          Rock forward right foot, recover left foot

## BACK STROLL, STOMP, HEEL SPLITS, (RIGHT) HIP BUMP 2

- 25-26          Step right foot back, lock left foot in front of right foot
- 27             Step right foot back
- 28             Stomp left foot alongside right foot (with weight)
- 29-30          Twist both heels apart, twist both heels together
- 31-32          Bump hips right, bump hips left

## REPEAT

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