Rock And Roll Cowboy



拍數: 32 牆數: 4 級數: Intermediate/Advanced

編舞者: Josh Grubbs, Trevor Chakeeba & Rebecca Jean Grubbs 音樂: Cowboys Like a Little Rock and Roll - Chris LeDoux



Repetitions of this dance may be alternated with repetitions of Cowboy Rhythm

LEFT VINE, STOMP, 3-COUNT ROLL & RIGHT, SCUFF

1-4 Left step left, right cross behind left, left step left, right stomp

5-8 Right step to right, pivot on right sole ½ to the right stepping on left, pivot ½ to the right on left

sole stepping on left, left scuff

FORWARD, SLIDE/LOCK, FORWARD, 3 STOMP, HOLD, JUMP--TAP, HOPS LEFT

9-12 Step left forward, right slide step forward locking behind left, step left forward, right stomp

forward (toe pointing 45 degrees right)

Right stomp in front of left (toe pointing 45 degrees left), right stomp forward (previous spot,

toe pointing 45 degrees right)

15 Pause

Right jump right, left toe-tap in front of right

Hop left landing with knees slightly apart and on toes twisted in (facing each other), hop left

landing on toes facing away from each other (toward sides), repeat both steps

JUMP/TURN ¼ RIGHT, 3 PADDLE TURNS TO THE RIGHT TOTALING ½ TURN

Jump right to right turning ¼ to the right
Left step left pivoting 1/6 to the right

23-24 Repeat step 22 two more times (steps 21-24 make a ¾ turn to the right)

FUNKY THREE LEFT, STOMP, CLAP, 2 TO THE RIGHT STEP/TURNS

25-26 Left funky three & dip body as left steps left while shimmying shoulders rapidly,

27 Straighten up with stomp right near left (weight on right)

28 Clap

29-32 Left forward, pivot ½ to the to the right, repeat 29-30

REPEAT

OPTION FOR COUNTS 17-20

4 left heel-toe swivels, or 4 duck steps left, left heel and right toe swivel left, left toe and right heel swivel left, repeat both steps