

Rock And Roll

拍數: 32 牆數: 2 級數: Beginner line/contra dance
編舞者: Dan Albro (USA)
音樂: Let It Roll, Let It Ride - The Cherry Bombs



ROCK STEP, ¼ RIGHT SHUFFLE, STEP ½ PIVOT, ¼ RIGHT, SHUFFLE SIDE LEFT

1-2-3&4 Cross rock right over left, replace weight on left turning ¼ right, shuffle forward right, left, right
5-6-7&8 Step forward left, pivot ½ turn right weighting left, turn ¼ right shuffling side left, right, left

ROCK, STEP, STEP FORWARD, KICK, BACK, BACK, AND, TOUCH, CLAP

1-2-3-4 Rock back on right, replace weight on left, step forward right, kick left clapping hands
5-6& Small step back on left, small step back on right, quickly step left next right,
7-8 Touch right toe next to left, hold clap hands over left shoulder on count 8

ROLLING VINE RIGHT, CLAP, ROLLING VINE LEFT, CLAP

1 Traveling toward right wall turn 1 full turn right stepping ¼ right on right,
2-3-4 ½ turn right stepping back on left, ¼ right stepping side on right, touch left next to right clap
 hands
5 Traveling toward left wall turn 1 full turn left stepping ¼ left on left
6-7-8 ½ turn left stepping back on right, ¼ left stepping side left, touch right clapping hands

Easy variation: vine right clap, vine left clap

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, STEP ½ PIVOT, STOMP, STOMP

1&2-3&4 Shuffle forward right, left, right, shuffle forward left, right, left
5-6-7 Step forward on right, pivot ½ turn left weighting left, stomp right next to left,
8 Stomp left at a slight angle forward

REPEAT
