

# Robinson Crusoe

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Dianne Joseph (AUS)  
音樂: The Fear of Being Alone - Reba McEntire



- 1&2      Shuffle forward right-left-right  
&3      Step left beside right & step right to right side (big step)  
&4      Slide left together, change weight onto left  
5&6      Shuffle forward right-left-right  
&7      Step left beside right & step right to right side (big step)  
8      Slide left together. While turning  $\frac{1}{4}$  turn left
- 1&2      Shuffle forward left-right-left  
3&4&      Shuffle sideways to right (right-left-right), turn  $\frac{1}{2}$  turn left  
5-6      Step left to side pushing hips to left, push hips right  
7-8      Push hips to left twice
- 1-4      Step forward right, left, right, kick left forward 45 degrees  
**Can add full left turn for added challenge**  
5-6      Turn  $\frac{1}{4}$  turn left & step left to left pushing hips left, push hips right  
7-8      Push hips to left twice
- 1&2      Step right behind left, step left across front of right, step right to side  
3&4      Step left behind right, step right across front of left, turn  $\frac{1}{2}$  turn left  
5-7      Touch left toe forward, side, back  
&8      Step left next to inside of back of right heel & touch right toe to right side
- 1-2      Step forward right, lift right heel up and slap down  
3-4      Step forward left, lift left heel up and slap down  
5-6      Touch ball of right foot forward, hold  
7-8      Swing right knee towards left, swing right knee to right  
**At same time as swinging right knee toward left, swing left arm across front towards right, and right arm behind towards left - then back to neutral when swinging right knee to right**
- 1-8      Repeat last eight beats

**REPEAT**

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