

Road Trip

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Christopher J. Spicer (USA)
音樂: Life Is a Highway - Rascal Flatts



SIDE SHUFFLE, FORWARD SHUFFLE, ROCK, RECOVER

1&2 Step right foot to right side, step left next to right, step right to right side
3-4 Step left foot back, step right foot next to left
5&6 Step left foot forward, step right foot beside left, step left foot forward
7-8 Rock forward on right foot, recover weight on left

HALF TURN SHUFFLE, ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER

1&2 While turning $\frac{1}{4}$ turn to the right step right foot to right side, step left next to right, while turning $\frac{1}{4}$ turn to the right step right foot forward (half turn shuffle over right shoulder)
3-4 Rock forward on left foot while completing a $\frac{1}{4}$ turn to the right, recover weight on right foot
5&6 Cross left foot over right, step right foot to right side, cross left foot over right
7-8 Rock right foot to right side, recover weight on left foot

JAZZ BOX STEP, SHUFFLE, ROCK, RECOVER

1-2 Cross right over left foot, step left foot back
3-4 Step right foot next to left foot, step left foot forward
5&6 Step right foot forward, step left foot next to right, step right foot forward
7-8 Rock forward on left foot, recover weight on right foot

BACK LOCK STEP, $\frac{1}{4}$ TURNS WITH SWAYS

1-2 Step left foot back, lock right foot over left foot
3&4 Step left foot back, lock right foot over left foot, step left foot back
5-6 While turning a $\frac{1}{4}$ turn to the right step right foot to right side (swaying hips to right side), step left foot to left side (swaying hips to left side)
7-8 While turning a $\frac{1}{4}$ turn to the right step right foot to right side (swaying hips to right side), step left foot to left side (swaying hips to left side)

REPEAT
