

RN Woman

COPPER KNOB
STEPPERS

拍數: 96 牆數: 1 級數: Intermediate
編舞者: Vicki Sheil (AUS)
音樂: Redneck Woman - Gretchen Wilson



ROCKING CHAIR, FORWARD TOE STRUTS

1-4 Rock forward right, rock back left, rock back right, rock forward left
5-8 Touch right toe forward, drop right heel, touch left toe forward, drop left heel

ROCKING CHAIR, SIDE ROCK, CROSS, UNWIND ½ LEFT

1-4 Rock forward right, rock back left, rock back right, rock forward left
5-8 Rock right to right, step left in place, cross right over left, unwind ½ turn left (weight on right)

BACK TOE STRUTS, BACK COASTER STEP, HOLD

1-4 Touch left toe back, drop left heel, touch right toe back, drop right heel
5-8 Step back left, step right beside left, step left forward

LOCK FORWARD, ½ TURN RIGHT, LOCK BACK

1-4 Step forward right, step left behind right, step forward right, hold
5-8 Turn ½ turn right step back left, cross right over left, step back left, hold

SIDE ROCK, CROSS, HOLDS

1-4 Rock right to right, step left in place, cross right over left, hold
5-8 Rock left to left, step right in place, cross left over right, hold

BACK COASTER, HOLD, SLOW ¼ PIVOT RIGHT

1-4 Step back right, step left beside right, step forward right, hold

Restart from here on wall 5

5-8 Step forward left, hold, pivot ¼ turn right (weight right)

FORWARD, HOLD & FORWARD HOLD, ½ PIVOT, ¾ TURN

1-2&3-4 Step forward left, hold, step right next to left, step left forward, hold
5-8 Step forward right, pivot ½ turn left, step right forward turning ¾ turn left on the ball of right, step left beside right

SIDE, HOLD, TOGETHER, HOLD, HEEL BALL JACKS

1-4 Step right to right, hold, step left beside right, hold
&5&6 Step back right, left heel forward 45°, step left back, step right beside left
&7&8 Step back left, right heel forward 45°, step right back, touch left beside right

FORWARD, HOLD & FORWARD HOLD, ½ PIVOT, ¾ TURN

1-2&3-4 Step forward left, hold, step right next to left, step left forward, hold
5-8 Step forward right, pivot ½ turn left, step right forward turning ¾ turn left on the ball of right, step left beside right

SIDE, HOLD, TOGETHER, HOLD, HEEL BALL JACKS

1-4 Step right to right, hold, step left beside right, hold
&5&6 Step back right, left heel forward 45°, step left back, step right beside left
&7&8 Step back left, right heel forward 45°, step right back, touch left beside right

BACK ROCK, ¼, ½, SLOW ½ PIVOT, HOLD

- 1-4 Rock left behind right, step right in place, turn $\frac{1}{4}$ turn right step left back, turn $\frac{1}{2}$ turn right step forward right
- 5-8 Step forward left, hold, pivot $\frac{1}{2}$ turn right, hold

SIDE STEP, HOLD, TOGETHER HOLD, HOLD 4 COUNTS

- 1-4 Step left to left, touch right next left step right to right, step left next to right
- 5-8 Hold for 4 counts

Use the words in the song for last beat (e.g., baby on my hip, slap hip-girl next door, throw thumb over shoulder- girl like me thumb to yourself etc.)

To restart dance, turn $\frac{1}{4}$ turn right on ball of left but not on first 2 tag walls

REPEAT

TAG

End of wall 2

- 1-16 Step right to right, hold, step left behind right, hold, turn $\frac{1}{4}$ turn right step right forward, hold, step forward left, hold, turn $\frac{1}{4}$ turn right step right to right, hold, step left behind right, hold, turn $\frac{1}{4}$ turn right step right forward, hold, step forward left, pivot $\frac{1}{2}$ turn right keep weight on left

Restart dance

TAG 2

End of wall 4

- 1-8 Step right to right, hold, step left behind right, hold, turn $\frac{1}{4}$ turn right step right forward, hold, step left next to right, hold. (restart dance)

RESTART

On wall 5, dance to count 44 then

- 1-4 Rock forward left, rock back right, step left beside right, hold

Then restart the dance

ENDING

On the last 3 very heavy beats

- 1-3 Push hips right then left, and then turn head to the left to look at front
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