

River Blues

拍數: 32 牆數: 1 級數: Improver
編舞者: Jan P. Kwit-Conklin (USA)
音樂: Deep River Blues - The GrooveGrass Boyz



LOCK TRIPLES, RIGHT THEN LEFT

1&2 Step forward right foot, step left foot behind right, step onto right foot
3&4 Step forward left foot, step right foot behind right, step onto left foot

TWIVOTS (TWIST-PIVOTS) RIGHT THEN LEFT WITH OPTIONAL HEEL DROPS

Feet stay in position from above left lock triple

5 Twist-pivot ½ turn right on balls of both feet

Optional: drop heels to floor on '&'

6 Twist-pivot ½ turn left on balls of both feet

Optional: drop heels to floor on '&'

LEFT COASTER STEP

7&8 Left foot steps back, right foot steps next to left foot, left foot steps forward

& ½ turn right

Weight remains on left foot

9-16 Repeat counts 1-8

SCISSORS RIGHT THEN LEFT

17& Right foot steps side right, left foot steps next to right foot with left toe close to right heel

18 Right foot crosses over left foot

19& Left foot steps side left, right foot steps next to left foot with right toe close to left heel

20 Left foot crosses over right foot

SYNCOPATED TOE POINTS

21& Point right toe to side right, step right foot next to left foot

22& Point left toe to side left, step left foot next to right foot

23& Point right toe to side right, step right foot next to left foot

24 Point left toe to side left

LEFT TRIPLE, MILITARY ¼ TURN LEFT 2X, HEEL BOUNCES

25&26 Left foot steps forward, right foot slides up to left foot, left foot steps small step forward

27-28 Right foot steps forward, pivot ¼ left on balls of both feet end with weight on left

29-30 Right foot steps forward, pivot ¼ left on balls of both feet

31&32 Bend knees a bit and bounce heels to floor 3 times

Optional: try slapping hands to knees 3 times, or slap once, clap twice

REPEAT