

Riptide

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Improver
編舞者: Peter Brotsch (USA), Susan Brotsch (USA), Randy Krause & Alice Krause
音樂: I'm Gonna Getcha Good! - Shania Twain



ROCK, RECOVER, CROSS STEP, UNWIND, RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE

1-2 Step left to left side, recover onto right
3-4 Cross step left behind right, unwind ½ turn left(weight on left)
5&6 Step right behind left, step left in place, step right next to left
7&8 Step left behind right, step right in place, step left next to right

ROCK, RECOVER, CROSS STEP, UNWIND, LEFT SAILOR SHUFFLE, RIGHT SAILOR SHUFFLE

9-10 Step right to right side, recover onto left
11-12 Cross step right behind left, unwind ½ turn
13&14 Step left behind right, step right in place, step left next to right
15&16 Step right behind left, step left in place, step right next to left

ROCK FORWARD, ROCK BACK, SHUFFLE, SHUFFLE

17-18 Step left forward, recover onto right
19-20 Step left back, recover onto right
21&22 Step left forward, step right next to left, step left forward
23&24 Step right forward, step left next to right, step left forward

½ TURN, WALK, WALK, HIP BUMPS

25-26 Step left forward, make ½ turn to the right(weight on right)
27-28 Step left forward, step right forward
29-30 Step left forward doing 2 hip bumps to the left
31-32 Step right forward doing 2 hip bumps to the right

HIP BUMPS, ¾ FIRE HYDRANT TURN, TOE TOUCH

33-34 Step left forward doing 2 hip bumps to the left
35-36 Step right forward doing 2 hip bumps to the right
37-39 Raising left knee parallel to the ground make a ¾ turn to the right
40 Touch left toe next to right

REPEAT
