Rippin' Out A Beat



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Judith Campbell (NZ)

音樂: Beat Me Daddy, Eight to the Bar - The Dean Brothers



STEP FORWARD TOUCH, STEP BACK TOUCH, TWIST TO RIGHT, HITCH

1-4 Step forward on right foot, touch left beside right, step back on left, touch right beside left

5-6 Step right foot down swinging both heels to right, swing both toes to right

7-8 Swing both heels to right, hitch left knee up

STEP 1/4 PIVOT, SHUFFLE FORWARD, STRADDLE STEP, STEP FORWARD TAP WITH CLAP

1-2-3&4 Step forward on left, ¼ pivot to right, shuffle forward on left (left-right-left)

&5&6 Step right out to right side, step left out to left, step right in to center, step left next to right

(straddle)

7-8 Step forward on right, touch left beside right clapping hands

THREE STRUTS BACK, COASTER STEP

1-4 Step back on left toe, drop left heel down, step back on right toe, drop right heel down

5-6 Step back on left toe, drop left heel down

7&8 Step back on right, step left next to right, step forward on right

TOUCH FORWARD, SIDE, BACK, HOLD

1-4 Touch left toe forward, touch left toe to left side, touch left toe back, hold

1/4 SWIVEL TO LEFT, 1/4 SWIVEL TO LEFT, STEP FORWARD TAP WITH CLAP

5-6 Swivel ¼ to left on both balls of feet lowering heels, swivel on both feet ¼ to left

7-8 Step forward on left foot, tap right foot behind left clapping hands

VINE TO RIGHT, HITCH, ROLL TO LEFT, HITCH

Step right to right, step left behind right, step right to right, hitch up left knee
Turning ¼ to left step forward on left, turning ½ to left stepping back on right

7-8 Turning ¼ to left step left to left, hitch right knee up

Optional: vine to left instead of roll on counts 5 6 7

STEP FORWARD, KICK, STEP BACK, SIDE TOUCH

1-4 Step forward on right, kick left foot forward, step back on left foot, touch right foot out to right

side

STEP FORWARD, KICK, STEP BACK, SIDE TOUCH

5-8 Step forward on right, kick left foot forward, step back on left foot, touch right foot out to right

side

REPEAT