

Rip It Off (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Chris Malpass & Andy Malpass
音樂: Rip Off the Knob - The Bellamy Brothers



Position: Man Facing OLOD. Lady Facing ILOD. Start in Open Double Hand Hold. Opposite Feet Throughout. Man's steps listed, except where stated

CHASSE, ROCK STEP TWICE

1&2 Step left to left side, step right next to left, step left to left side
3-4 Rock back on right, recover onto left
5&6 Step right to right side, step left next to right, step right to right side
7-8 Rock back on left, recover onto right

STEP FORWARD, KICK, STEP BACK, TOUCH, CHANGE SIDES

Line up left shoulders

9-12 Step forward on left, kick right forward, step back on right, touch left next to right
13-16 Walk forward left, right, left, turning ½ turn left, touch right next to left

On count 13 release man's right hand. Lady turns right under man's left hand, passing left shoulders. On count 16 rejoin hands in Open Double Hand Hold

CHASSE, ROCK STEP TWICE

17&18 Step right to right side, step left next to right, step right to right side
19-20 Rock back on left, recover onto right
21&22 Step left to left side, step right next to left, step left to left side
23-24 Rock back on right, recover onto left

STEP FORWARD, KICK, STEP BACK, TOUCH, CHANGE SIDES

Line up right shoulders

25-28 Step forward on right, kick left forward, step back on left, touch right next to left
29-32 Walk forward right, left, right, turning ½ turn right, touch left next to right

On count 29 release man's left hand. Lady turns left under man's right hand, passing right shoulders

¾ TURN, ¼ ROCK STEP, VINE ¼ TURN, TOUCH

33-34 Step left foot ¼ turn left, pivot ½ turn left stepping back on right
35-36 Pivot ¼ turn rocking onto left, recover onto right
37-38 Step left to left side, cross right behind left
39-40 Step left ¼ turn left, touch right next to left

On count 33 release hands on count 35 join both hands. On count 39 release man's left hand

CHASSE, CROSS ROCK TWICE

41&42 Step right to right side, step left next to right, step right to right side
43-44 Cross rock left behind right, recover onto right
45&46 Step left to left side, step right next to left, step left to left side
47-48 **MAN:** Cross rock right behind left, recover onto left
 LADY: Chasse across the front of man

On count 41 release hands on count 42 join inside hands. On count 45 release hands on count 46 join inside hands

CHASSE, CROSS ROCK, TRIPLE STEP, (LADY TRIPLE ½ TURN) SHUFFLE

49-52 Repeat counts 41-44
53&54 **MAN:** Triple step in place left, right, left

LADY: Triple ½ turn left in front of man

55&56 **MAN:** Shuffle forward right, left, right

LADY: Shuffle back left, right left

On counts 53 & 54 lady turns under man's left hand to finish in front of man. On count 55 join in Closed Western Position

STEP TOUCHES TWICE, ¼ TURN TOUCH, STEP TOUCH

57-60 Step on left, touch right next to left, step on right, touch left next to right

61-64 ¼ turn right stepping onto left, touch right next to left, step on right, touch left next to right

Change to open double hand hold

REPEAT
