

拍數: 48 牆數: 2 級數: Intermediate

編舞者: Bill Bader (CAN)

音樂: You Can Call Me Al - Paul Simon



You will find it is important to choose songs for Rip that are strictly phrased with 16 counts throughout. Odd phrasing really wrecks this dance.

DIAGONAL BACK, ROCK FORWARD, TRIPLE STEP (FRONT-BACK-FRONT): X4

- 1	Step right dia	gonally back	to the right (toe t	to front), kee	p left heel down
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2 Rock forward onto left

3 Step right directly in front of left

&4 Rock back onto left, rock forward onto right

5 Step left diagonally back to the left (toe to front), keep right heel down

6 Rock forward onto right

7 Step left directly in front of right

&8 Rock back onto right, rock forward onto left

DIAGONAL BACK, ROCK FORWARD, TRIPLE STEP (FRONT-BACK-FRONT): X4

9 Step right diagonally back to the right (toe to front), keep left heel down

10 Rock forward onto left

11 Step right directly in front of left

&12 Rock back onto left, rock forward onto right

13 Step left diagonally back to the left (toe to front), keep right heel down

14 Rock forward onto right

15 Step left directly in front of right

&16 Rock back onto right, rock forward onto left

SCOOT-SIDE, SLIDE, STOMP, STOMP: X4

& Raise right knee straight up

Big sidestep right
Slide left next to right
Stomp (up) left twice
Raise left knee straight up

21 Big sidestep left 22 Slide right next to left 23-24 Stomp (up) right twice

&25-32 Repeat &17-24

4 CHA-CHA'S (NO TURN, ¼ TURN RIGHT, ½ TURN LEFT, ¾ TURN RIGHT)

Please note that the turns are progressive: 0, 1/4, 1/2, 3/4 and they alternate direction: 0, right, left, right

33 Step right forward34 Rock back onto left

35&36 Triple step moving slightly back: right-left-right (no turn)

37 Step left back

38 Rock forward onto right

39&40 Triple step turning ½ to the right: left-right-left

41 Step right back

42 Rock forward onto left

43&44 Triple step turning ½ to the left: right-left-right

45 Step left back

46 Rock forward onto right

47&48 Triple step turning ¾ to the right: left-right-left

REPEAT