

Rio

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Carol Mckee (AUS)
音樂: I Go To Rio - Peter Allen



Start dance on the word "baby"

WALK, WALK, SAMBA STEP, WALK, WALK, SAMBA STEP

1-2-3&4 Step right forward, step left forward, step right forward, rock left back, recover to right
5-6-7&8 Step left forward, step right forward, step left forward, rock right back, recover to left

FORWARD, BACK, TURNING TRIPLE STEP, FORWARD, BACK, STEP, LOCK, STEP

1-2-3&4 Step right forward, rock left back, triple in place turning a full turn right stepping right, left, right
5-6-7&8 Step left forward, rock right back, step left back, cross right over left, step left back

TURN, TURN, SHUFFLE, SIDE, ROCK, CROSS SHUFFLE

1-2-3&4 Turn ½ right and step right forward, turn ½ right and step left back, shuffle forward right, left, right
5-6-7&8 Rock left to side, recover to right, crossing shuffle stepping left, right, left

SIDE, ROCK, CROSS SHUFFLE, FORWARD, BACK, CHA-CHA STEP

1-2-3&4 Rock right to side, recover to left, crossing shuffle stepping right, left, right
5-6-7&8 Rock left forward, recover to right, rock left back, recover to right, step left in place

BACK, FORWARD, CHA-CHA STEP, STEP, PIVOT TURN, STEP, PIVOT TURN

1-2-3&4 Rock right back, recover to left, rock right forward, recover to left, step right in place
5-6-7-8 Step left forward, turn ½ right (weight to right), step left forward, turn ¾ right (weight to right)

SAMBA STEP, TURN SAMBA STEP, TURN SAMBA STEP, TURN SAMBA STEP

1&2 Step left forward, rock right back, recover to left
3&4 Turn ¼ right and step right forward, rock left back, recover to right
5&6 Turn ¼ right and step left forward, rock right back, recover to left
7&8 Turn ¼ right and step right forward, rock left back, recover to right

FORWARD, BACK, SAILOR STEP, BEHIND, TURN, COASTER STEP

1-2-3&4 Rock left forward, recover to right, sailor step left, right, left
5-6-7&8 Cross right toe behind left, unwind ½ right (weight to right), coaster step left, right, left

SIDE, SIDE, CROSS, SHIMMY, SHIMMY, SIDE, SIDE, CROSS, SHIMMY, SHIMMY

&1-2 Step right to side, step left to side, cross right over left
3-4 Shimmy for 2 counts
&5-6 Step left to side, step right to side, cross left over right
7-8 Shimmy for 2 counts

REPEAT

RESTART

Second wall - leave off the last 8 counts, then start third wall

OPTIONAL HEAD & ARM MOVEMENTS

Samba steps head: look over opposite shoulder to leading leg

Samba steps arms:

Right leading leg - right index finger to right side of head and left index finger under right elbow

Left leading leg - left index finger to left side of head, and right index finger under left elbow

Pivot turns: push left hip out on pivot turns
