Rings (P)



拍數: 32 牆數: 0 級數: Partner

編舞者: Sue Halliday (USA)

音樂: Smoke Rings In the Dark - Gary Allan

Position: Closed Position (Man facing LOD)

ROCK, REPLACE, SHUFFLE, MAN ROCK, REPLACE, SHUFFLE/LADY STEP, PIVOT, 1/2 TURN SHUFFLE

1-2 MAN: Rock forward left foot, replace back on right foot

LADY: Rock back right foot, replace forward on left foot

3&4 MAN: Shuffle in place left, right, left

LADY: Shuffle in place right, left, right

5-6 MAN: Rock back right foot, replace forward on left foot

LADY: Step forward left foot, pivot ½ turn to the right (weight on right foot)

Man raises his left hand (lady's right) as she turns

7&8 MAN: Shuffle in place, right, left, right

LADY: 1/2 Turn to the right shuffle in place, left, right, left

Man takes lady's left hand in his right hand (couples are now facing each other in a double hand position)

ROCK, REPLACE, SHUFFLE, MAN ROCK, REPLACE SHUFFLE/LADY STEP, PIVOT, SHUFFLE

9-10 MAN: Rock forward left foot, replace back on right foot

LADY: Rock back right foot, replace forward on left foot

11&12 MAN: Shuffle in place left, right, left

LADY: Shuffle in place right, left, right

13-14 MAN: Rock back right foot, replace forward on left foot (slightly to left)

LADY: Step forward left foot, pivot ½ turn to the right (weight on right foot)

Man releases lady's right hand (couples are now facing LOD with lady's left hand in man's right)

15&16 MAN: Shuffle forward, right, left, right

LADY: Shuffle forward left, right, left

WALK, WALK, SHUFFLE, STEP PIVOT, ½ TURN SHUFFLE

17-18 MAN: Walk forward left, right

LADY: Walk forward, right, left

19&20 MAN: Shuffle forward left, right, left

LADY: Shuffle forward right, left, right

Release hands

31&32

21-22 **MAN:** Step right foot forward, pivot ½ turn to the left (weight on left foot)

LADY: Step left foot forward, pivot ½ turn to the right (weight on right foot)

23&24 MAN: Shuffle ½ turn to the left (right, left, right)

LADY: Shuffle ½ turn to the right (left, right, left)

ROCK, REPLACE, MAN SHUFFLE IN PLACE/LADY 1/2 TURN TO THE LEFT SHUFFLE, MAN WALK, WALK, SHUFFLE/LADY BACK, BACK, SHUFFLE

Man's right hand behind lady's back, lady's left hand behind man's back (lady's on top)

25-26 MAN: Rock back left foot, replace forward right foot

LADY: Rock back right foot, replace forward left foot

27&28 MAN: Shuffle in place, left, right, left

LADY: Shuffle ½ turn to the left, right, left, right

Man takes lady's right hand in his left (couples are now in closed position)

29-30 MAN: Walk forward right, left, lady: step back left, right MAN: Shuffle in place right, left, right

LADY: Shuffle in place left, right, left