

Rings (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Sue Halliday (USA)
音樂: Smoke Rings In the Dark - Gary Allan



Position: Closed Position (Man facing LOD)

ROCK, REPLACE, SHUFFLE, MAN ROCK, REPLACE, SHUFFLE/LADY STEP, PIVOT, ½ TURN SHUFFLE

1-2 **MAN:** Rock forward left foot, replace back on right foot
 LADY: Rock back right foot, replace forward on left foot
3&4 **MAN:** Shuffle in place left, right, left
 LADY: Shuffle in place right, left, right
5-6 **MAN:** Rock back right foot, replace forward on left foot
 LADY: Step forward left foot, pivot ½ turn to the right (weight on right foot)

Man raises his left hand (lady's right) as she turns

7&8 **MAN:** Shuffle in place, right, left, right
 LADY: ½ Turn to the right shuffle in place, left, right, left

Man takes lady's left hand in his right hand (couples are now facing each other in a double hand position)

ROCK, REPLACE, SHUFFLE, MAN ROCK, REPLACE SHUFFLE/LADY STEP, PIVOT, SHUFFLE

9-10 **MAN:** Rock forward left foot, replace back on right foot
 LADY: Rock back right foot, replace forward on left foot
11&12 **MAN:** Shuffle in place left, right, left
 LADY: Shuffle in place right, left, right
13-14 **MAN:** Rock back right foot, replace forward on left foot (slightly to left)
 LADY: Step forward left foot, pivot ½ turn to the right (weight on right foot)

Man releases lady's right hand (couples are now facing LOD with lady's left hand in man's right)

15&16 **MAN:** Shuffle forward, right, left, right
 LADY: Shuffle forward left, right, left

WALK, WALK, SHUFFLE, STEP PIVOT, ½ TURN SHUFFLE

17-18 **MAN:** Walk forward left, right
 LADY: Walk forward, right, left
19&20 **MAN:** Shuffle forward left, right, left
 LADY: Shuffle forward right, left, right

Release hands

21-22 **MAN:** Step right foot forward, pivot ½ turn to the left (weight on left foot)
 LADY: Step left foot forward, pivot ½ turn to the right (weight on right foot)
23&24 **MAN:** Shuffle ½ turn to the left (right, left, right)
 LADY: Shuffle ½ turn to the right (left, right, left)

ROCK, REPLACE, MAN SHUFFLE IN PLACE/LADY ½ TURN TO THE LEFT SHUFFLE, MAN WALK, WALK, SHUFFLE/LADY BACK, BACK, SHUFFLE

Man's right hand behind lady's back, lady's left hand behind man's back (lady's on top)

25-26 **MAN:** Rock back left foot, replace forward right foot
 LADY: Rock back right foot, replace forward left foot
27&28 **MAN:** Shuffle in place, left, right, left
 LADY: Shuffle ½ turn to the left, right, left, right

Man takes lady's right hand in his left (couples are now in closed position)

29-30 **MAN:** Walk forward right, left, lady: step back left, right
31&32 **MAN:** Shuffle in place right, left, right
 LADY: Shuffle in place left, right, left

REPEAT
