

Riding The Rails

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Terry Hogan (AUS)
音樂: Tattoos of Life - Steve Wariner



- 1 Rock/step left foot behind right allowing body to turn toward left diagonal
2 Replace weight onto right foot facing front
3 Step left foot to the side and make ¼ turn right
4 Make further ¼ turn right on ball of left foot & step right foot to the side
5-6 Step/slide left foot across in front of right, step/slide right foot to the side
- 7&8 Kick left foot forward, step slightly backward on ball of left, step right across in front of left foot
9-10 Step left to the side, step right across behind left & make ¼ turn left
11&12 Slide/shuffle forward left-right-left
- 13-15 Rock/step right foot forward, rock backward onto left, rock/step right foot backward slightly past left foot
16-18 Rock/step left foot forward, rock backward onto right, step left backward slightly past right foot
- These steps will move backward**
- 19-20 Kick right foot forward, step backward right
21-22 Step left foot backward & make ¼ turn left, step right across in front of left
23&24 Touch left toe to the side, step left beside right, touch right toe to the side
- 25-26 Rock/step right foot forward, rock backward onto left
&27 Make ½ turn right on ball of left foot, step right foot forward
28-29 Rock/step left foot forward, rock backward onto right
30 Make ¼ turn left on ball of right foot & step left foot to the side
- 31&32 Step right foot across in front of left, rock/step left foot to the side, rock/replace weight onto right foot stepping it slightly forward
33 Step left foot across in front of right toward right diagonal
34-35 Rock/step right foot forward to right diagonal, rock/replace weight on left foot
36 Rock/replace weight onto right foot
- 37-38 Step forward on left foot, make ½ turn left on ball of left foot swinging right foot around close to floor
39 Step right foot slightly forward
&40 Make full turn left on ball of right foot, step left foot slightly forward on right
41 Hold
&42 Step right foot slightly forward starting a full turn left, step left beside right heel and complete the turn and taking the weight on the left foot
- Feet will be close together at the completion of this turn with left slightly forward of right**
- 43-44 Rock/step right foot forward, rock backward onto left
&45 Step right foot backward toward right diagonal, step left foot back to cross (lock) in front of right
&46 Step right foot backward, rock/step left foot backward
47 Rock forward onto right foot and make ¼ turn left
&48 Slide left toe to touch to the side and slightly forward, hold

REPEAT

TAG

After the 3rd wall if using the suggested song. You will start the tag facing the back wall and then restart the dance facing the front wall

- 1-2 Step left foot across behind right, step right to the side & make $\frac{1}{4}$ turn right
 - 3 Make $\frac{1}{4}$ turn right on ball of right foot & rock/step left foot to side
 - 4 Rock/replace weight onto right foot
 - 5-6 Step left across in front of right, step right foot to the side
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