

Ride-Ride-Ride

拍數: 48 牆數: 0 級數:
編舞者: Mustang Lone Stars (CAN)
音樂: Riding Alone - Rednex



Dance starts 14 seconds from start of CD. During this time you can clap to the beat of the music. Form dance lines facing each other, dancers are staggered so lines can pass through.

HAND JIVES

- 1 With both hands slap both legs (right hand to right leg, left hand to left leg)
- 2 With both hands slap both legs (right hand to right leg, left hand to left leg)
- 3 Cross right hand over left hand and slap legs
- 4 Uncross and slap legs again. (right hand to right leg, left hand to left leg)
- 5 Cross right hand over left hand and slap legs
- 6 Uncross and slap legs again. (right hand to right leg, left hand to left leg)
- 7 Reach out with both hands and slap dancers hands in front of you.
- 8 Reach out with both hands and slap dancers hands in front of you.
- 9 With both hands slap both legs (right hand to right leg, left hand to left leg)
- 10 With both hands slap both legs (right hand to right leg, left hand to left leg)
- 11 Cross right hand over left hand and slap legs
- 12 Uncross and slap legs again. (right hand to right leg, left hand to left leg)
- 13 Cross right hand over left hand and slap legs
- 14 Uncross and slap legs again. (right hand to right leg, left hand to left leg)
- 15 Reach out with both hands and slap dancers hands in front of you.
- 16 Reach out with both hands and slap dancers hands in front of you.

SIDES SHUFFLES WITH ROCK STEPS AND BOWS

- 17 Shuffle to the right at $\frac{1}{4}$ turn
- & Left
- 18 Right
- 19 Cross left foot over right, twist body to right, bow while touching hat with left hand
- 20 Step back on right
- 21 Shuffle to the left at $\frac{1}{4}$ turn
- & Right
- 22 Left
- 23 Cross right foot over left, twist body to left, bow while touching hat with right hand
- 24 Step back on left
- 25 Step back on right
- 26 Step forward on left

PIVOTS & HAND MOVEMENTS

- 27 Step out on right
- 28 Make a $\frac{1}{3}$ turn to left, while waving right hand in air (lasso motion)
- 29 Step out on right
- 30 Make a $\frac{1}{3}$ turn to left, while waving right hand in air (lasso motion)
- 31 Step out on right
- 32 Make a $\frac{1}{3}$ turn to left, while waving right hand in air (lasso motion)

SHUFFLES FORWARD-PASS THROUGH AND PIVOTS

- 33 Shuffle forward right
- & Left

34 Right
35 Shuffle forward left
& Right
36 Left

(Note: During the above steps 33-36 the lines pass through)

37 Steps out right
38 Pivot $\frac{1}{2}$ turn left
39 Shuffle forward right
& Left
40 Right
41 Shuffle forward left
& Right
42 Left
43 Step out on right
44 Make $\frac{1}{2}$ turn to left

BOX STEP WITH A JUMP FORWARD

45 Cross right over left
46 Step back on left
47 Step back on right
48 Jump both feet forward

REPEAT
