Ride Em' Cowboy

拍數: 32

級數: Improver

編舞者: Kathy Gurdjian (USA)

音樂: Save a Horse (Ride a Cowboy) - Big & Rich

Start on vocals "walk into the room" (not on "Well, I")

WALK FORWARD, HITCH, WALK BACK, ¼ TURN LEFT, SHUFFLE LEFT

- 1-4 Walk forward right, left, right, hitch up left knee
- 5-6 Walk back left, right
- &7&8 Turn ¼ left on ball of right, side shuffle left, right, left

WALK FORWARD, HITCH, WALK BACK, ¼ TURN LEFT, SHUFFLE LEFT

- 1-4 Walk forward right, left, right, hitch up left knee
- 5-6 Walk back left, right
- &7&8 Turn ¼ left on ball of right, side shuffle left, right, left

DOUBLE FRONT CROSS ROCK STEPS, RIGHT & LEFT

- 1&2 Cross rock step right over left, recover onto left, step right to right side& Recover onto left
- 3&4 Cross rock step right over left, recover onto left, step right to right side
- 5&6 Cross rock step left over right, recover onto right, step left to left side
- & Recover back onto right
- 7&8 Cross rock left over right, recover onto right, step left to left side

SINGLE FRONT CROSS ROCK STEPS RIGHT & LEFT, HIP ROLLS ¼ TURN LEFT

- 1&2 Cross rock step right over left, recover onto left, step right to right side
- 3&4 Cross rock step left over right, recover onto right, step left to left side
- 5-8 Step right forward and roll hips to the left twice into a ¼ turn left

REPEAT

Tag

End of 2nd and 4th walls repeat the last eight counts 25-32

End of 7th wall repeat the last eight counts 25-32, three times (single cross steps, hip rolls)

On the 2nd wall tag: 6:00, with dance starting over on the 3:00 wall

On the 4th wall tag: 9:00, with dance starting over on the 6:00 wall

On the 7th wall ending: 6:00 wall, ending on the 9:00

In doing so, you will not dance all 4 walls in order but you will hit all walls





牆數:4