Ricky's Cha-Llenge

級數: Intermediate

編舞者: Denny Austin (UK)

拍數: 32

音樂: Are You In It for Love - Ricky Martin

TOUCH LEFT, CROSS, UNWIND, CHASSE RIGHT, ROCK BACK, RECOVER, ½ TURNING SHUFFLE RIGHT

- 1-3 Touch left toe to side, cross left over right, unwind ½ turn to right
- 4&5 Step right to right, close left beside right, step right to right
- 6-7 Rock left foot back behind right, recover weight onto right
- 8&1 Shuffle ¹/₂ turn right, stepping left, right, left

STEP BACK, CROSS, CROSSING MAMBOS TWICE, ¼ RIGHT INTO FORWARD LOCK STEP

- 2-3 Step back on right, cross left in front of right
- 4&5 Rock to right on right, rock onto left in place, cross right foot over left
- 6&7 Rock to left on left, rock onto right in place, cross left foot over right
- & On ball of left foot pivot ¼ turn right
- 8&1 Step forward on right, lock left behind right, step forward on right

Variation: replace steps &8&1 with a ¾ left turning shuffle stepping right, left, right on counts 8&1

STEP FORWARD, DIAGONAL TOE SWITCHES WITH HOLDS, CROSS BEHIND, KICK BALL CROSS

- 2-3 Step left foot in front of right, touch right toe diagonally forward
- 4 Hold & click fingers up at shoulder level
- &5 Step right foot beside left, touch left toe diagonally back
- 6-7 Hold & click fingers down, cross left foot behind right
- 8&1 Flick right foot forward, step back slightly on right, cross left over right

SIDE ROCK, RECOVER ¼ RIGHT, ¼ & ½ TURNING SHUFFLES RIGHT, KICK BALL

- 2-3 Rock to right side on right, recover weight to left turning ¼ right
- 4&5 Shuffle ¼ turn right, stepping right, left, right
- 6&7 Shuffle ¹/₂ turn right, stepping left, right, left
- 8& Flick right foot forward, step onto ball of right

REPEAT





牆數:4