Ribbons & Blankets

級數: Beginner

編舞者: Jan Brookfield (UK)

拍數: 32

音樂: Tie A Yellow Ribbon - Easy-Rider

When dancing to "Blanket On The Ground" you should start immediately after 8 beats, on the word "Window".

FULL TURN OR WALK FORWARD, SIDE-ROCK-CROSS TWICE, HALF PIVOT & STEP

- 1-2 Traveling forward, make a full turn over left shoulder, stepping right, left (alternatively, simply walk forward on right, left)
- 3&4 Step right to side, rock weight onto left, step right across in front of left
- 5&6 Step left to side, rock weight onto right, step left across in front of right
- 7&8 Step right forward, pivot half turn to left, transfer weight to left, step forward on right

WALK FORWARD, SIDE-ROCK-CROSS TWICE, HALF PIVOT & STEP

- 9-10 Walk forward on left, right
- 11&12 Step left to side, rock weight onto right, step left across in front of right
- 13&14 Step right to side, rock weight onto left, step right across in front of left
- 15&16 Step left forward, pivot half turn to right, transfer weight to right, step forward on left

SIDE, CROSS, HEEL-BALL-CROSS, SIDE, ROCK, CROSS SHUFFLE

- 17-18 Step right to side, step left across in front of right (angle body slightly to right)
- 19&20 Tap right heel diagonally forward, step back slightly on ball of right, step left across in front of right
- 21-22 Step right to side, rock weight onto left
- 23&24 Shuffle right, left, right across in front of left

SIDE, CROSS, HEEL-BALL-CROSS, SIDE ROCK WITH QUARTER TURN RIGHT, SHUFFLE FORWARD

- 25-26 Step left to side, step right across in front of left (angle body slightly to left)
- 27&28 Tap left heel diagonally forward, step back slightly on left, step right across in front of left
- 29-30 Step left to side, rock onto right making a quarter turn right
- 31&32 Shuffle forward on left, right, left

REPEAT





數:4

牆數:4