

Rhythm Unite

拍數: 96 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK) & Donna Pringle (UK)
音樂: Together As One (Kanye Kanye) - Claire Johnston & Jeff Maluleke



WALK, WALK, TOUCH FORWARD, TOUCH RIGHT, WEAVE LEFT, TOUCH LEFT

1-2 Walk forward on right, left
3-4 Touch right toe forward, touch right toe to right side
5-6 Cross step right behind left, step left to left side
7-8 Cross step right over left, touch left to left side

WEAVE RIGHT, SIDE ROCK, CROSS, SIDE ROCK

1-2 Cross step left behind right, step right to right side
3-4 Cross step left over right, side rock on right to right side
5-6 Recover weight on to left, cross step right over left
7-8 Side rock on left to left side, recover weight on to right

STEP BACK, TOUCH RIGHT, STEP BACK, TOUCH LEFT, ROCK BACK, WALK FORWARD

1-2 Step back on to left, touch right to right side
3-4 Step back on to right, touch left to left side
5-6 Rock back on to left, recover on to right
6-8 Walk forward on left, right

PIVOT ¼ RIGHT X 4

1-8 Step left forward, pivot ¼ right, x 4 (completing full turn right, ending facing front wall)

Restart on 3rd wall facing the back, changing the above counts 5-8, see notes below

FORWARD SHUFFLE, ROCK STEP, SAILOR ¼ TURN RIGHT, ROCK FORWARD

1&2 Step forward on left, step right next to left, step forward on left
3-4 Rock forward on right, recover weight on to left
5&6 Cross right behind left, step left to left side, step right ¼ turn right
7-8 Rock forward on left, rock back on right

ROCK BACK, FORWARD SHUFFLE, ¾ TURN LEFT, FORWARD SHUFFLE

1-2 Rock back on left, rock forward on right
3&4 Step forward on left, step right next to left, step forward on left
5-6 ¾ turn left on the spot with right, left (facing back wall)
7&8 Step forward on right, step left next to right, step forward on right

PIVOT ¼ RIGHT, FORWARD SHUFFLE, PIVOT ½ TURN LEFT TWICE

1-2 Step left forward, pivot ¼ right
3&4 Step forward on left, step right next to left, step forward on left
5-6 Step forward on right, pivot ½ turn left
7-8 Step forward on right, pivot ½ turn left

SIDE STEP, CROSS, KICK BALL CROSS, SIDE STEP, CROSS, KICK BALL CROSS

1-2 Step right to right side, cross step left over right
3&4 Kick right to right diagonal, step ball of right in place, cross step left over right
5-6 Step right to right side, cross step left over right
7&8 Kick right to right diagonal, step ball of right in place, cross step left over right

SIDE KICK & KICK & WALK, WALK, SIDE KICK & KICK & STEP SIDE RIGHT, TOUCH

1&2 Low kick right out to right side, step right next to left, low kick left out to left side
&3-4 Step left next to right, walk forward on right, left
5&6 Low kick right out to right side, step right next to left, low kick left out to left side
&7-8 Step left next to right, step right to right side, touch left next to right

ROLLING VINE LEFT, SIDE TOGETHER, SIDE TOGETHER, SIDE ROCK

1-4 Full turn left traveling to left side on left, right, left, touch right next to left
5&6 Step right to right side, bring left next to right, step right to right side
&7-8 Bring left next to right, rock right out to right side, recover on to left

CROSS TWINKLE, CROSS TWINKLE, FORWARD ROCK, SKIP BACK TWICE

1&2 Cross step right over left, step left out to left side, step right in place
3&4 Cross step left over right, step right out to right side, step left in place

The above twinkles travel forward

5-6 Rock forward on right, rock back on left
&7&8 Hitch right knee, step back on right, hitch left knee, step back on left

ROCK BACK, FULL TURN, ROCK FORWARD, STEP BACK, STEP TOGETHER

1-2 Rock back on right, rock forward on left
3-4 Make ½ turn left stepping back on right, make ½ left stepping forward on left
5-6 Rock forward on right, rock back on left
7-8 Step back on right, step left next to right

REPEAT

RESTART

After the first 2 walls facing back wall, dance the first 32 counts only, changing the last 4 steps to
5-8 Step forward on left, pivot ½ turn right, step forward on left, touch right next to left
Start dance again from beginning of section 1 and continue (facing back wall)
