Rhythm Of The Night



拍數: 0 牆數: 4 級數: Intermediate hustle

編舞者: Sebastiaan Holtland (NL) 音樂: Rhythm Of The Night - Loona



Sequence: AAAB AAAB A tag AAA (dance beginning after the vocal intro 32 count)

PART A

SIDE JUMP STEP POSE RIGHT CLOSE 2X SIT POSE CROSS ½ TURN, SIDE JUMP STEP POSE RIGHT CLOSE 2X SIT POSE CROSS 1/2 TURN

&1-2&3-4 Right foot step to the right with jump and push your left leg to the left side (when you do the steps make your own pose) 2x

&5-6&7-8 Feet together bend knees on heel in sit position hold with both hands on your both knees left/right hold come up in standing position out out put your both hand palms to ceiling (like "I don't know") than, right foot across left foot and make a ½ turn left weight on both feet

&1-2&3-4 Right foot step to the right with jump and push your left leg to the left side (when you do the make own pose) 2x

Feet together bend knees on heel in sit position hold with both hands on your both knees &5-6&7-8 left/right hold come up in standing position out out put your both hand palms to ceiling (like "I don't know") than right foot across left foot and make a 1/2 turn left weight on both feet

ROCK STEP SHUFFLE ½ TURN ROCK STEP ¾ TRIPLE STEP, TOUCHES HEEL SWITCH MOVEMENTS **SIDEWAYS**

1-23&4 Right foot rock forward left foot recover right foot ½ turn right shuffle forward 5-67&8 Left foot rock forward right foot recover 3/4 triple turn left weight on left foot

1&2&3&4 Right foot touch to right right foot center left foot touch to left left foot center right foot touch to right right foot center left foot step out

In 2nd position weight on both feet

5&6&7&8 Right foot touch to the right side 4 times, and on count & switch and move with your left heel to the right side, hold weight on left foot when you do the touches and switches weight on left make by that steps your own poses

PART B

ROCK STEP 1/2 TURN SHUFFLE ROCK STEP 3/4 TRIPLE TURN

1-23&4 Right foot rock forward left foot recover with ½ turn right right foot shuffle forward 5-67&8 Left foot rock forward right foot recover 3/4 triple turn right weight on left foot

WALK WALK OUT OUT WISE WISE

1-2-3-4 Right foot step forward left foot step forward right foot step out left foot step out 5-6-7-8 Right wise with your right wise finger forward on shoulder high hold, left wise with your left wise finger forward on shoulder high hold

THUMPS FORWARD KNEE STEPS WITH THUMPS MOVEMENTS

It's like funny when you do the steps, than you can't move your mouth like yeah yeah

1-2-3-4 Push your right thump forward on shoulder high hold left push your thump forward on shoulder high hold

&5&6&7&8 Right flex your knee and step slightly to the right side move your thump to the right side, left flex your knee and step slightly to the left side move your thump to the left side, right flex your

knee and step slightly to the right side move your thump to the right side, left flex your knee and step slightly to the left side move your thump to the left side weight on both feet in 2nd position forward hands bouncing knees

1-2-3-4 right hand forward on shoulder high with your hand palm to the floor hold, left hand forward on shoulder high with your hand palm to the floor

&5&6&7&8 With both hands go you up and down (like's what's up) and bounce your knees up and down and flex head up and down

1/4 UP ROCK FORWARD 1/4 TURN UP ROCK FORWARD

&1-2&3-4 ¼ Turn right jump right foot forward jump right foot back ¼ turn jump right foot forward left foot step back weight on left

TAG

CROSS ROCK, SIDE ¼ TURN CROSS ROCK, SIDE WIGGLE FORWARD CROSS ROCK, SIDE ¼ TURN CROSS ROCK SIDE GRAZY SHAKES FORWARD CROSS ROCK, SIDE ¼ TURN CROSS ROCK, SIDE WIGGLE FORWARD CROSS ROCK, SIDE ¼ TURN CROSS ROCK, SIDE GRAZY SHAKES STEP ½ PIVOT TURN ¼ TURN STOMP STOMP

1&2-3&4	Right foot step forward left foot recover ¼ turn right right foot step to the side left foot step forward right foot recover left foot step to the side weight on both feet in 2nd position
&5&6&7&8	Shake 4 times with your hole body make a fist with your right hand and move your arm in front of your forhead on shoulder position
1&2-3&4	Right foot step forward left foot recover ¼ turn right right foot step to the side left foot step forward right foot recover left foot step to the side weight on both feet in 2nd position
&5&6&7&8	Right foot in place left foot in place shake 4 times with your hole bath end weight on left foot
When you dancing the all counts make jazz hands	
1&2-3&4	Right foot step forward left foot recover ¼ turn right right foot step to the side left foot step forward right foot recover left foot step to the side weight on both feet in 2nd position
&5&6&7&8	Shake 4 times with your hole body make a fist with your right hand and move your arm in front of your forhead on shoulder position
1&2-3&4	Right foot step forward left foot recover ¼ turn right right foot step to the side left foot step forward right foot recover left foot step to the side weight on both feet in 2nd position
&5&6&7&8 Note: when yo u	Right foot in place left foot in place shake 4 times with your hole bath end weight on left foot a dancing the all counts make jazz hands
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1-2-3-4 Right foot step forward with ½ turn left ¼ turn left right foot stomp out left foot stomp out weight on both feet