

# Rhythm Of My Life

**COPPERKNOB**  
STEPSHEETS

拍數: 80      牆數: 4      級數: Intermediate/Advanced  
編舞者: Gordon Elliott (AUS)  
音樂: Rhythm Of My Life - Gina G.



## **KICK-HOOK-KICK, COASTER STEP, KICK-HOOK-KICK, COASTER STEP**

1&2      Kick right forward, hook right heel to left knee, kick right forward  
3&4      Coaster: step right back, step left together, step right forward  
5&6      Kick left forward, hook left heel to right knee, kick left forward  
7&8      Coaster: step left back, step right together, step left forward

## **PIVOT TURN, PIVOT TURN, FORWARD, ROCK BACK, BACK, ROCK FORWARD**

1-2      Pivot: step right forward, turn ½ turn left take weight onto left  
3-4      Pivot: step right forward, turn ½ turn left take weight onto left  
5-6      Step right forward, rock back onto left  
7-8      Step right back, rock forward onto left

## **SIDE, BEHIND, BACK-HEEL-BACK-ACROSS, SIDE, BEHIND, BACK-HEEL-BACK-ACROSS**

1-2&      Step right to the side, step left behind right, step right back  
3&4      Touch left heel at 45 degrees, step left back, step right across in front of left  
5-6&      Step left to the side, step right behind left, step left back  
7&8      Touch right heel at 45 degrees, step right back, step left across in front of right

## **FORWARD, ROCK, BACK, FULL TURN TRIPLE, FORWARD, ROCK BACK, 1 & ½ TRIPLE**

1-2      Step right forward, rock back onto left  
3&4      Turn full turn right triple step: right-left-right  
5-6      Step left forward, rock back onto right  
7&8      Turn 1 ½ left triple step: left-right-left

## **DOROTHY, DOROTHY, DOROTHY, DOROTHY & STOMP**

1-2&      Step right forward at 45 degrees, lock left behind right, step right back  
3-4&      Step left forward at 45 degrees, lock right behind left, step left back  
5-6&      Step right forward at 45 degrees, lock left behind right, step right back  
7-8      Step left forward at 45 degrees, stomp right together

## **KICK, KICK, ½ TURN, HOOK, SHUFFLE FORWARD, PIVOT TURN**

1-2      Kick right forward, kick right back  
3-4      Turn ½ turn right kick right forward, hook right heel to left knee  
5&6      Shuffle forward: right-left-right  
7-8      Pivot: step left forward, turn ½ turn right take weight onto right

## **KICK, KICK, ½ TURN, HOOK, SHUFFLE FORWARD, PADDLE TURN**

1-2      Kick left forward, kick left back  
3-4 Turn ½ turn left kick left forward, hook left heel to right knee  
5&6      Shuffle forward: left-right-left  
7-8      Pivot: step right forward, turn ¼ turn left take weight onto left

## **ROLLING VINE RIGHT CLAP-CLAP, ROLLING VINE LEFT CLAP-CLAP**

1-2-3&4      Turn full turn right rolling vine right: step right, step left, step right, clap-clap  
5-6-7&8      Turn full turn left rolling vine left: step left, step right, step left, clap-clap

## **BACK-HEEL-BACK-HEEL-BACK-HEEL, HEEL, BACK-HEEL-BACK-HEEL-BACK-HEEL, HEEL**

- &1&2 Step right back, touch left heel forward, step left back, touch right heel forward  
&3-4 Step right back, touch left heel forward, touch left heel forward  
&5-6 Step left back, touch right heel forward, step right back, touch left heel forward  
&7-8 Step left back, touch right heel forward, touch right heel forward

**SHUFFLE FORWARD, ½ TURN SHUFFLE BACK, ½ TURN, ½ TURN, ½ TURN, FORWARD**

- 1&2 Shuffle forward: right-left-right  
3&4 Turn ½ turn right shuffle back: left-right-left  
5-6 Turn ½ turn right step right forward, turn ½ turn right step left back  
7-8 Turn ½ turn right step right forward, step left forward

**REPEAT**

---