# Rhythm Inspired



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Lin Sainsbury (UK) & Les Sainsbury (UK) 音樂: World's Got the Rhythm - The Borderers



#### Start after 64 count intro (0:55)

1&2	Kick right forward,	small step ou	t on right foot.	small step	out on left foot

3-4 Step right slightly diagonally forward right, step left foot slightly diagonally forward left

5-6 Step right diagonally forward, touch left foot in behind right heel 7-8 Step left diagonally forward, touch right foot in behind left heel

# TOUCH BACK ½ TURN RIGHT, STEP PIVOT ½ TURN RIGHT, TRIPLE STEP ½ TURN RIGHT, RIGHT COASTER TOUCH

1-2 Touch right toe back, make ½ turn right weight on right foot

3-4 Step forward on left foot, pivot ½ turn right 5&6 Triple step ½ turn right stepping left, right, left

7&8 Step back on right foot, step left foot in place beside right, touch right toe forward

## SINGLE TIME VAUDEVILLE STEPS

1-2	Step diagonally back on right foot, step left foot across front of right
3-4	Step diagonally back on right foot, touch left heel diagonally forward left
5-6	Step diagonally back on left foot, step right foot across front of left
7-8	Step diagonally back on left foot, touch right heel diagonally forward right

### TOE SWEEPS RIGHT & LEFT HEEL FLICKS OUT IN OUT IN

1-2	Point right toe and sweep around in arc and take weight onto right stepping behind left
3-4	Point left toe and sweep around in arc bringing in behind right, weight to be equal on both

feet to be ready for heel flicks

5-6 Flick heels out, flick heels in

&7&8 Heels out in out in

#### STEP SLIDE STOMP, SYNCOPATED LOCKS, STEP, SCUFF

1-4	Long step diagonally forward right on right foot, drag left foot up to right over 2 counts, stomp

left foot in behind right

Step right foot diagonally forward right, lock left foot in behind right,
 Step right foot diagonally forward right, lock left foot in behind right,
 Step right foot diagonally forward right, scuff left foot through past right

#### STEP SLIDE STOMP, SYNCOPATED LOCKS, STEP, SCUFF

1-4	ļ .	Long ste	p diagonal	ly forward	left on	left foot,	, drag righ	nt foot up	to left of	over 2	counts, stom	ıρ
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right foot in behind left

5& Step left foot diagonally forward left, lock right foot in behind left 6& Step left foot diagonally forward left, lock right foot in behind left

7-8 Step left foot diagonally forward left, scuff right foot through past left, (restart 3rd wall)

#### SIDE MAMBO ROCK & CROSS RIGHT, & LEFT, POINT, HOLD, CROSS, UNWIND ½ TURN LEFT

1&2	Rock step right foot to right side, replace weight onto left	foot sten right foot across front of

left

Rock step left foot to left side, replace weight onto right foot, step left foot across in front of

right

5-6 Point right toe to right side, hold

7-8 Step right foot across front of left, unwind ½ turn left taking weight onto left

## SCUFF HITCH STEP RIGHT, LEFT, ½ TURN HEEL TWISTS, HOLD & CLAP

1&2 Scuff right foot through past left, hitch right knee with foot close to left shin, toe pointed down

also with right knee angled right, step forward on right foot

3&4 Scuff left foot through past right, hitch left knee with foot close to right shin, toe pointed down

also with left knee angled left, step back on left foot

#### HEEL TWISTS MAKING 1/2 TURN LEFT

5& ¼ turn left twisting heels right, 1/8 turn right twisting left
6& ¼ turn left twisting heels right, 1/8 turn right twisting heels left

7 ½ turn left twisting heels right taking weight onto left

### Alternatively make slow turn over 3 counts

8 Hold & clap

#### **REPEAT**

#### **RESTART**

Restart after count 48 on 3rd wall.