

Rhythm Fling

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Karla Dornstedt (USA) & Paul Dornstedt (USA)
音樂: Baila Este Ritmo - Flaco Jimenez



STEP, TOUCH, TOUCH, CROSS, TOGETHER, CROSS, TOUCH, TOUCH BEHIND, SIDE, CROSS

- 1-2 Step right to right forward diagonal (1:30), touch left toe forward and across right (point to 1:30)
3 Touch left toe back left (point to 7:30)
4&5 Step left forward and across right (1:30), step right together, step left forward and across right (1:30)
6-7 Touch right toe forward and right (1:30), touch right toe back right (4:30)
8&1 Cross right behind left, step left side left, cross right over left

¼ TURN LEFT, TOGETHER, HIP - AND - HIP, TOUCH, TURN / TOUCH, SHUFFLE FORWARD

- 2-3 Turn ¼ left (face 9:00) on ball of right and step forward on left, right step next to left
4&5 Bumps hips left, bump hips right, bumps hips left (weight on left)
6-7 Touch right toe side right, turn ½ right (face 3:00) and touch right toe in front of left
8&1 Step forward on right, step left next to right, step forward on right

STEP, DRAG, SHUFFLE, ROCK, RECOVER, BACK, LOCK, BACK

- 2-3 Take long step forward on left, drag right towards left (weight remains on left)
4&5 Step forward right, step left next to right, step forward on right
6-7 Rock forward on left, recover weight back on right
8&1 Step back on left, step lock back and across left on right, step back on left

STEP, DRAG, COASTER, SWAY, SWAY, CROSS, SIDE, CROSS

- 2-3 Take long step back on right, drag left towards right (weight remains on right)
4&5 Step back on left, step right next to left, cross left over right
6-7 Sway right on right, sway left on left
8&1 Cross right over left, step left side left, cross right over left

The next 24 counts are the same as the previous 24, but done to a different wall

¼ TURN LEFT, TOGETHER, HIP - AND - HIP, TOUCH, TURN / TOUCH SHUFFLE FORWARD

- 2-3 Turn ¼ left (face 12:00) and step forward on left, right step next to left
4&5 Bumps hips left, bump hips right, bumps hips left (weight on left)
6-7 Touch right toe side right, turn ½ right (face 6:00) and touch right toe in front of left
8&1 Step forward on right, step left next to right, step forward on right

STEP, DRAG, SHUFFLE, ROCK, RECOVER, BACK, LOCK, BACK

- 2-3 Take long step forward on left, drag right towards left (weight remains on left)
4&5 Step forward right, step left next to right, step forward on right
6-7 Rock forward on left, recover weight back on right
8&1 Step back on left, step lock back and across left on right, step back on left

STEP, DRAG, COASTER, SWAY, SWAY, CROSS, SIDE, CROSS

- 2-3 Take long step back on right, drag left towards right (weight remains on right)
4&5 Step back on left, step right next to left, cross left over right
6-7 Sway right on right, sway left on left
8&1 Cross right over left, step left side left, cross right over left

SWAY, SWAY, CROSS, CROSS, SWAY, SWAY, STEP, TOGETHER

2-3 Skate left to left forward diagonal (4:30), skate right to right forward diagonal (7:30)
4&5 Cross left over right, step right small step right, cross left over right
6-7 Skate right diagonally forward right (7:30), skate left diagonally forward left (4:30)
8& Step right to right forward diagonal (7:30), step left next to right

REPEAT
