Rhumberos



拍數: 32 牆數: 4 級數: Intermediate/Advanced 編舞者: Raymond Sarlemijn (NL), Darren Bailey (UK) & Roy Verdonk (NL)

音樂: Loving You Makes Me a Better Man - Hal Ketchum



STEP, ROCK, RECOVER, STEP, HOLD, STEP, ¼ TURN SWEEP, REVERSE SAILOR STEP WITH A ¼

1-2	Step left foot to left side, rock back onto right foot
3-4	Recover onto left foot, step right foot forward
	11 11 4 6 1 4 166 4

5-6 Hold, step forward onto left foot

7 Rock back onto while sweeping left foot from front to back making a ¼ turn left

Step left foot behind right & step right foot across left foot, step forward on left foot making 1/4

turn left (6:00)

PRESS, TWIST AND LOCK, UNWIND FULL TURN, SWEEP, SAILOR STEP WITH A 1/4 TURN

2-3	Press step right foot forward (taking weight onto ball of foot with knee bent), hold
4&5	Twist hip to the right & replace weight onto left foot, lock right foot behind left foot

6-7 Unwind making a full turn right, sweep right foot from front to back

Step right foot behind left foot making a ¼ turn right & step left foot next to right foot, step

forward on right foot (3:00)

WALK, WALK, SPIRAL TURN, WALK, WALK, SWEEP WITH A 1/4, PRESS STEP

2-3 Step forward on left foot, step forward on right foot

4-5 Step forward on left foot, make a full turn right ending with feet crossed (weight on left foot)

6-7 Step forward on right foot, step forward on left foot

8-1 Sweep right foot from back to front making a ¼ turn left, press step right foot forward (taking

weight onto ball of foot with knee bent)

WEIGHT CHANGE, ROCK, RECOVER, SCUFF, HITCH, CROSS, FULL TURN

2-3 Replace weight onto left foot, rock back onto right foot

4&5 Recover onto left foot & scuff right foot forward, hitch right knee in the air while making a 1/4

turn left (9:00)

Step right foot down across left foot, start making a slow full turn to left Complete full turn to left ending with feet crossed (weight on right foot)

REPEAT