

Rewind Real Slow

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Martha Davenport (USA)
音樂: Living In Fast Forward - Kenny Chesney



CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE WITH ¼ TURN LEFT

1-2 Cross rock right foot over left foot, rock back onto left foot
3&4 Step right foot to right side, step left foot beside right foot, step right foot to right side
5-6 Cross rock left foot over right foot, rock back onto right foot while turning ¼ left (9:00)
7&8 Step left foot left, step right foot beside of left foot, step left foot to left

ROCK, RECOVER, COASTER STEP, STEP, ½ TURN, SHUFFLE FORWARD

1-2 Rock right foot forward, recover back onto left foot
3&4 Step right foot back, step left foot next to right foot, step right foot forward
5-6 Step forward on left, turn ½ right, taking weight onto right foot (3:00)
7&8 Shuffle forward left, right, left

VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-4 Step right foot right, step left foot behind right foot, step right foot to right, touch left toe beside of right foot
5-8 Step left foot left, step right foot behind left foot, step left foot to left, touch right toe beside of left foot

ROCK, RECOVER, CHASSE ¼ TURN RIGHT, CROSS, UNWIND ¾ TURN

1-2 Rock forward onto right foot, recover back onto left foot
3&4 Turn ¼ right stepping right foot to right side, close left foot beside right foot, step right foot to right side (6:00)
5-8 Cross left foot over right foot, unwind slowly (3 counts) over right shoulder ¾ turn, taking weight onto left foot. (3:00)

REPEAT

TAG

To be added at end of walls 2 (6:00) & 5 (3:00)

1-2 Rock forward onto right foot, recover onto left foot
3-4 Rock back onto right foot, recover onto left foot