Rewind



拍數: 64 牆數: 1 級數: Intermediate/Advanced

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音樂: I Am That Man - Brooks & Dunn



STEP, 14, 14, 14 PIVOT TURNS LEFT

1	Step forwar	d with left foot
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& Step forward with ball of right foot
2 Pivot ¼ turn left on ball of left foot
& Step forward with ball of right foot
3 Pivot ¼ turn left on ball of left foot
& Step forward with ball of right foot
4 Pivot ¼ turn left on ball of left foot

STEP, ROCK SIDE STEP, TOUCH

Step back with right foot
 Rock forward onto left foot
 Step to right side with right foot
 Step to left side with left foot

8 Touch right toe behind left heel, bending knees

STEP BACK, HIP BUMPS

9 Step back on right foot, leaving left heel in place, left toes up

& Bump hips to the leftBump hips to the right

11 Step back on left foot, leaving right heel in place, right toes up

& Bump hips to the rightBump hips to the left

BACKWARD CROSS STEPS

13 Step across in front of left leg with right foot

& Step back left with left footStep back right with right foot

15 Step across in front of right leg with left foot

& Step back right with right footStep back left with left foot

BACKWARD CROSS, STEP, PIVOT

17 Step across in front of left leg with right foot

& Step back left with left foot
18 Step back right with right foot
19 Step forward with left foot

20 Pivot ½ turn right on ball of right foot

STEP, 1/4, 1/4, 1/4 PIVOT TURNS LEFT

& Step forward with ball of right foot
22 Pivot ¼ turn left on ball of left foot
& Step forward with ball of right foot
23 Pivot ¼ turn left on ball of left foot
& Step forward with ball of right foot

14, 1/2, 1/4 ROLLING TURN RIGHT, CROSS

25 Step ¼ turn right with right foot

26 Pivot ½ turn right on ball of right foot, step to left with left foot 27 Pivot ¼ turn right on ball of left foot, step to right with right foot

28 Step across in front of right leg with left foot

STEP, ROCK, BEHIND CROSS, POINT

29 Step to the right with right foot

30 Rock left onto left foot & Step back with right foot

31 Step across in front of right leg with left foot

32 Step to right side with right foot

BUMP HIPS, ROCK STEP, BEHIND, TOUCH

& Bump hips to the left
Rock right onto right foot
Rock left onto left foot

& Step behind left leg with right footStep to left side with left foot

Rock-touch right on ball of right foot

STEP, 1/4, 1/2, 1/4 ROLLING TURN LEFT

37 Step across behind left heel with right foot

38 Step ¼ turn left with left foot

Pivot ½ turn left on ball of left foot, step to right with right foot

Pivot ¼ turn left on ball of right foot, step to left with left foot

STEP, 14, 14, 14 PIVOT TURNS RIGHT

& Step back with ball of right foot
41 Pivot ¼ turn right on ball of left foot
& Step back with ball of right foot
42 Pivot ¼ turn right on ball of left foot
& Step back with ball of right foot
43 Pivot ¼ turn right on ball of left foot

& Step back with right foot

44 Step back on ball of left foot keeping weight on right foot

PIVOT, FORWARD CROSS STEPS

45 Pivot ½ turn left on ball of right foot

46 Step back on left foot

47 Step forward right with right foot & Step forward left with left foot

48 Step across in front of left leg with right foot

FORWARD CROSS STEPS

49 Step forward left with left foot& Step forward right with right foot

50 Step across in front of right leg with left foot

Step forward right with right footStep forward left with left foot

Touch across in front of left leg with ball of right foot

STEP FORWARD, HIP BUMPS

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& Bump hips to the leftStep down onto right foot

Touch forward with left heel, toes up, while bumping hips to the left (weight on right)

& Bump hips to rightStep down onto left

CROSS, TOUCH, ROCK STEP

57 Touch right toe behind left heel, bend knees

Step to right side with right foot
Step to left side with left foot
Step back with right foot
Rock forward onto left foot

14, 14, 14 PIVOT TURNS RIGHT, STEP

& Step back with ball of right foot
61 Pivot ¼ turn right on ball of left foot
& Step back with ball of right foot
62 Pivot ¼ turn right on ball of left foot
& Step back with ball of right foot
63 Pivot ¼ turn right on ball of left foot
& Step back with ball of right foot
& Step back with ball of right foot

Step back with left foot

& Step back with ball of right foot

REPEAT