

# Revenge Of A Middle Aged Woman

**COPPER** **KNOB**  
BYEPCHEATS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Helen Born (USA) & Nita Lindley (USA)  
音樂: Revenge of a Middle-Aged Woman - Tracy Byrd



---

## RIGHT & LEFT SIDE CROSS ROCKS, ½ TURN LEFT, KICK, COASTER STEP

- 1&2-3&4      Rock on to right, recover left, cross right over left, rock on to left, recover right, cross left over right
- 5-6-7&8      Step forward on right pivot ½ turn left (weight on right), kick left forward step back left, step right beside left, step left forward

## STEP ¼ TURN LEFT, CROSS SHUFFLE, ROCK STEP, ¼ TURN RIGHT SAILOR STEP

- 1-2-3&4      Step forward right, turn ¼ left, cross right over left, step left to left, cross right over left
- 5-6-7&8      Rock on to left, recover right, step left behind right, ¼ turn right, step left forward

## KICK RIGHT TWICE, HEEL BALL CROSS, HEEL TAPS

- 1-2&3-4      Kick right out twice, step back on ball of right, cross left over right step right to right side, angle body to left diagonal
- 5-6-7-8      Tap left heel twice, step left ¼ turn, close right beside left

## ROCK STEP, TRIPLE FULL TURN, ROCK STEP, LOCK STEP BACK

- 1-2-3&4      Rock forward on right, recover left, full turn over right shoulder on right left right
- 5-6-7&8      Rock forward on left, recover right, step back on left, lock right in front of left step back on left

**REPEAT**

---