

# Return Of The Mack

COPPERKNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Tim Tanner (USA)  
音樂: Return of the Mack - Mark Morrison



## ½ CUT VAUDEVILLE STEP

- &1            Right foot to right side, left heel forward
- &2            Left foot back to center, right foot beside left foot
- &3            Left foot to left side, right heel forward
- &4            Right foot back to center, left foot beside right foot
- &5            Right foot to right side, left heel forward
- &6            Left foot back to center, right foot beside left foot
- &7            Left foot to left side, right heel forward
- &8            Right foot back to center, left foot beside right foot

## BLUES BROTHERS SHUFFLE

- &            Raise right knee and cross over left thigh
- 9            Step to right with right foot and with both feet planted firmly, rock both knees to the right
- &10          Knees back to center, knees back to right
- &11          Knees back to center, knees back to right
- &            Knees back to center
- 12          Rock both knees to right at the same time raise left knee and cross over right thigh

**As you rock your knees you are gradually shifting your body to the right, so when you raise your left knee your weight is on your right foot**

- 13          Step to the left with left foot, with both feet planted firmly in place, rock both knees to the left
- 14&          Knees back to center, rock both knees to left
- 15&          Knees back to center, rock both knees to left
- 16&          While raising right knee over left thigh, rock both knees to left

## KICK BALL CROSSES RIGHT & LEFT

- 17          Kick right foot in front
- &18          Right foot back to center, cross left foot over right
- 19          Step right foot to right side
- 20          Touch left foot beside right
- 21          Kick left foot forward
- &22          Left foot to center, cross right foot over left
- 23          Step left with left foot
- 24          Touch right foot beside left

## ¼ PIVOTS & WALK BACK

- 25          Step forward on right foot
- 26          Make a ¼ turn left
- 27          Step forward on right foot
- 28          Make a ¼ turn left
- 29          Step forward on right foot
- 30          Make a ¼ turn left
- 31          Step back slightly with right foot
- 32          Step back slightly with left foot

**REPEAT**

