

The Restless Kind

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kirsteen Warren (USA)
音樂: Restless Kind - Travis Tritt



CHASSE LEFT, CROSS BEHIND FULL TURN, KICK HOOK, RIGHT, LEFT SHUFFLE

1&2 Step left foot side left close right next to left, step left foot side left
3&4 Cross right foot behind left unwind full turn kick right forward & hook right foot under left knee
5&6 Step right foot forward, close left next to right, step right foot forward
7&8 Step left foot forward, close right next to left, step left foot forward

RIGHT HEEL JACK BOUCE HEELS ½ TURN, LEFT HEEL JACK BOUCE HEELS ½ TURN

&9 Jump diagonally back on right, touch left heel forward
&10 Step left foot back home, step right foot forward
&11-12 Raise both heels & bounce heels twice making ½ turn left (weight on right)
&13 Jump diagonally back on left, touch right heel forward
&14 Step right foot back home and step forward on left
&15-16 Raise heels & bounce heels twice making ½ turn right (weight on left)

ROCK RIGHT, LEFT, CROSS, ROCK LEFT, RIGHT CROSS ROGER RABBITS & DOUBLE ROCK

&17 Rock right foot side right, rock onto left in place
18 Cross step right foot over left
&19 Rock left foot side left, rock onto right in place
20 Cross step left foot over right
&21 Very small hop on left foot swing right foot behind left (taking weight)
&22 Very small hop on right swing left foot behind right (taking weight)
&23 Very small hop back on left foot swinging right foot into a back rock step behind left (taking weight)
&24 Rock forward on left, rock back on right (feet will still be crossed)

ROCK LEFT RIGHT, CROSS, ROCK RIGHT, LEFT CROSS ROGER RABBITS & DOUBLE ROCK

&25 Rock left foot side left, rock on to right in place
26 Cross step left over right
&27 Rock right foot side right, rock onto left in place
28 Cross step right over left
&29 Make small hop on right foot & swing left foot behind right (taking weight)
&30 Make small hop on left & swing right foot behind left (taking weight)
&31 Make small hop on right & swing left foot into a rock step behind right (taking weight)
&32 Rock forward on right, rock back on left

RIGHT SIDE CHASSE, ROCK FORWARD, BACK LEFT SIDE CHASSE RONDE FULL TURN LEFT

33&34 Step right foot side left, close left next to right, step right foot side right
35-36 Rock left foot over right, rock back on right
37&38 Step left foot side left, close right next to left, step left foot side left
39-40 Bending left knee sweep right foot out to side & sweep across floor making full turn left sweeping right leg round to left bringing round to touch right next to left, (keep weight on left)

SIDE RIGHT CHASSE, ROCK RIGHT, LEFT, SAILOR STEP ¼ TURN LEFT WALK RIGHT, SCUFF LEFT FORWARD

41&42 Step right foot side right, close left next to right step right foot side right
43-44 Rock left foot over right, rock forward on right

45&46 Cross left behind right, step right side right, step left $\frac{1}{4}$ turn left
47-48 Walk forward on right, scuff left heel forward

REPEAT

TAG

At the end of wall 3 do these 8 counts then start dance over again

LEFT COASTER STEP, STEP RIGHT FORWARD PIVOT $\frac{1}{2}$ TURN LEFT, TWICE

1&2 Step back on left, step right next to left, step left foot forward

3-4 Step right foot forward pivot $\frac{1}{2}$ turn left (keep weight on right)

5&6 Step back on left, step right next to left, step forward on left

7-8 Step forward on right, pivot $\frac{1}{2}$ turn left (keep weight on right)
