

The Rest Of Us

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數:
編舞者: Pim Humphrey (UK)
音樂: Don't Ruin It for the Rest of Us - Joe Nichols



Position: Side by side position, both on same footwork

STEP BRUSH CROSS BRUSH SHUFFLES TWICE

1-4 Step forward on right foot, brush left foot through, brush left foot back across right foot, brush left foot forward
5&6-7&8 Left shuffle, right shuffle

STEP BRUSH CROSS BRUSH SHUFFLES TWICE

1-4 Step forward on left foot, brush right foot through, brush right foot back across left foot, brush right foot forward
5&6-7&8 Right shuffle, left shuffle

STEP LOCK SHUFFLE TWICE

1-2-3&4 Step forward on right foot, lock left behind right, right shuffle forward
5-6-7&8 Step forward on left foot, lock right behind left, left shuffle forward

ROCK STEP ½ TURN TRIPLE, HEEL TOE SHUFFLE

1-2-3&4 Rock forward on right foot, recover weight onto left, turn ½ turn right with right left right
5-6-7&8 Touch left heel forward, touch left toe back, left shuffle forward

ROCK STEP ½ TURN TRIPLE, HEEL, TOE, SHUFFLE

1-2-3&4 Rock forward on right foot, recover weight onto left foot, (release left hands raise right) ½ turn right with right, left, right, (rejoin in side by side)
5-6-7&8 Touch left heel forward, touch left toe back, left shuffle forward

HEEL HOOK, STEP TOUCH, BACK TOUCH, PIVOT TURN

1-4 Touch right heel forward, hook across left shin, step forward on right foot, touch left by right
5-8 Step back on left foot, touch right by left, (release right hands raise left) step forward with right pivot half turn to left, (rejoin in side by side)

SHUFFLES TWICE

1&2-3&4 Right shuffle forward, left shuffle forward

HEEL HOOK, STEP TOUCH, BACK TOUCH, PIVOT TURN

1-4 Touch right heel forward, hook across left shin, step forward on right foot, touch left by right
5-8 Step back on left foot, touch right by left, step forward with right pivot half turn to left

SHUFFLES TWICE

1&2-3&4 Right shuffle forward, left shuffle forward

REPEAT