

Rest In Pieces

COPPER KNOB
STEPPED

拍數: 32 牆數: 4 級數: Improver
編舞者: Dianne Gray (USA)
音樂: Rest in Pieces - Beccy Cole



FORWARD, 45 DEGREES, SIDE TOUCHES, SAILOR STEP, SAILOR STEP

1-2 Right toe forward - right toe 45 degrees
3-4 Right toe touch to right side and hold
5&6 Right behind left, left to side, right to side
7&8 Left behind right, right to side, left to side

LOCK STEP, COASTER STEP, FORWARD, PIVOT, ROCK & STEP

1&2 Right back, left across right, step right back (right-left-right)
3&4 Left back, right together, left forward (left-right-left)
5-6 Step right forward, left forward
7-8 Turning ½ turn right with weight on left foot, rock back onto right, step forward on left

HEEL-TOE JACKS, SIDE ROCK, CROSS & UNWIND

1&2 Right heel 45 degrees, right together, left toe back
&3-4 Left together, right heel 45 degrees, hold
5-6 Right to side, rock onto left
7-8 Right across left and unwind ½ turn

FORWARD, 45 DEGREES & SIDE TOUCHES, SAILOR STEP, SAILOR STEP

1-2 Left toe forward - left toe 45 degrees
3-4 Left toe touch to left side and hold
5&6 Left behind right, right to side, left to side
7&8 Right behind left, left to side, right to side

LOCK STEP, COASTER STEP, FORWARD, PIVOT, ROCK & STEP

1&2 Left back, right across left, step left back (left-right-left)
3&4 Right back, left together, right forward (right-left-right)
5-6 Step left forward, right forward
7-8 Turning ½ turn left with weight on right foot, rock back onto left, step forward on right

HEEL-TOE JACKS, SIDE ROCK, PADDLE TURN

1&2 Left heel 45 degrees, left together, right toe back
&3-4 Right together, left heel 45 degrees, hold
5-6 Left to side, rock onto right
7-8 Left step forward and turn ¼ turn right

REPEAT

TAG

2 hip bumps end of 1st wall

RESTART

2 hip bumps and restart after count 24 on 4th wall