

# Respect

**COPPER KNOB**  
STEPSHEETS

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Nicola Lafferty (UK) & Kate Tinsley  
音樂: Respect - United Against Racism



## HITCH SLIDE, SAILOR STEP, SIDE SWITCHES

&1      Hitch right knee, step right a large step to right side  
2      Hold  
3&4      Left sailor step  
&5      Step right beside left, point left foot out to left side  
6      Hold  
&7      Step left beside right, point right foot out to right side  
&8      Step right beside left, point left foot out to left side

## HITCH TURN, COASTER STEP, HIP BUMP, ¼ MAMBO TURN

&1      Hitch left knee, quickly make ½ turn by right and point left foot to left side  
2      Hold  
3&4      Left coaster step  
5-6      Touch right foot forward, bumping right hip forward, step down on right foot  
7&8      Step forward left, ¼ pivot right, cross left over right

## SIDE STEP, JUMP FORWARD & BACK, 2 WALKS, ½ PIVOT STEP

1-2      Step right a large step to right side, step left beside right  
&3      Jump right foot forward, jump left foot forward next to right (pushing hips forward)  
&4      Jump right foot back, jump left foot back next to right (pushing hips back)  
5-6      Walk forward right, walk forward left  
7-8      ½ pivot right, step forward left

## HITCH POINT ¾ TURN, TOE TOUCHES, KICKS

&1&2&3&4      Making a ¾ turn over your left shoulder, hitch right knee, point right foot to right side - repeat 3 times to complete the ¾ turn  
5&      Touch right beside left, step right beside left  
6&      Touch left beside right, step left beside right  
7&      Kick right foot forward, step right beside left  
8&      Kick left foot forward, step left beside right

## STEP, HEAD TURN, HEEL TWISTS, ROLLING TURN

1-2      Step right foot forward, keep feet where they are, turn head ¼ turn left  
3&4      Making ¼ turn left, twist heels right, left, right  
5-6-7-8      Make a full rolling vine turn to left, touch right beside left

## REPEAT

## RESTART

After count 32 on wall 4, complete the kicks and start the dance again from the start