Reshuffle

編舞者: Greg Underwood (USA)

音樂: Trouble - Mark Chesnutt

SYNCOPATED SUGAR PUSH

拍數: 32

- 1-2 Step forward right, step forward left
- 3&-4 Kick right foot forward, step back right, cross left over right

牆數:4

- 5&-6 Step back right, step left foot next to right, point right toe to right side
- 7-12 Repeat above 6 counts

TOE TURNS, QUICK POINTS AND HIP ROLL

- 17-18 Point right foot to right, keeping right toe pointed and weight on left foot make a 1/4 turn to right
- Bring right foot back and together with left, point left foot back, keeping left foot back and &-19-20 weight on right make 1/4 turn left
- &-21 Bring left foot together with right and point right foot to right side
- &-22 Bring right foot together with left and point left foot to left side
- 23-24 Pull left to right and roll hips in a to the left direction

REVERSE PIVOT, SIDE CROSS AND UNWIND

- 25-26 Step back right, holding feet in this position make 1/2 turn right bringing weight onto left at end of turn
- 27-28 Repeat above 2 counts making only 1/4 turn to right
- 29-30 Step side on right, cross left foot tightly behind right
- Holding this position make a complete turn to right (full turn) ending with weight on left foot 31-32 and left crossed in front of right

REPEAT





級數: