

Reset

拍數: 32 牆數: 4 級數: Improver
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音樂: Reset Your Brain - Soulvation



BRUSH, HITCH, POINT, STEP TOGETHER, POINT, STEP TOGETHER, SIDE STEP, HOLD, STEP TOGETHER SIDE STEP, HOLD, STEP TOGETHER, SIDE STEP

1 Brush right foot forward
& Hitch right foot
2 Point right foot forward
& Step right foot together
3 Point left foot to side left
& Step left foot together
4 Side step right foot to right
5 Hold
& Step left foot together
6 Side step right foot to right
7 Hold
& Step left foot together
8 Side step right foot to right

PIVOT ½ RIGHT, SYNCOPATED LOCK STEP LEFT & RIGHT, ROCK FORWARD

9 Step left foot forward
10 ½ turn right
11 Step left foot forward
12 Lock right foot behind
& Step left foot forward
Turn upper body to the left while making the lock step
13 Step right foot forward
14 Lock left foot behind
& Step right foot forward
Turn upper body to the rights while making the lock step
15 Rock left foot forward
16 Recover to right foot

HITCH, STEP BACK, SLIDE, HITCH, STEP BACK, SLIDE, SYNCOPATED SAILOR STEP LEFT & RIGHT WITH BRUSH

17 Hitch left foot
& Step left foot back
18 Slide right foot together
19 Hitch left foot
& Step left foot back
20 Slide right foot together
21 Cross left foot behind
& Side step right foot to right
22 Brush left foot diagonally forward
& Side step left foot to left
23 Cross right foot behind
& Side step left foot to left
24 Brush right foot diagonally forward
& Side step right foot to right

CROSS UNWIND $\frac{3}{4}$ LEFT, STEP FORWARD, $\frac{1}{2}$ TURN LEFT, STEP FORWARD, STEP FORWARD, $\frac{1}{2}$ TURN LEFT, STEP FORWARD

- 25 Cross left foot behind
- 26 $\frac{3}{4}$ unwind to the left
- 27 Step right foot forward
- 28 $\frac{1}{2}$ turn left, point left foot forward with bent knee
- 29 Step left foot forward
- 30 Step right foot forward
- 31 $\frac{1}{2}$ turn left, point left foot forward with bent knee
- 32 Step left foot forward

REPEAT
