Renegade Boogie



編舞者: Knox Rhine (USA)

音樂: Guitar Boogie - The Renegade Band



All scoots are only an inch (2.54cm) or so!

VINE LEFT, HITCH/CLAP

1 Step to left side with left foot

Step across behind left leg with right foot

3 Step to left side with left foot

4 Hitch up right knee and scoot forward on left foot with a clap

VINE RIGHT, HITCH/CLAP

5 Step to right side with right foot

6 Step across behind right leg with left foot

7 Step to right side with right foot

8 Hitch up left knee and scoot forward on right foot with a clap

STEP, HITCH/CLAP, STEP, HITCH/CLAP

9 Step forward with left foot

10 Lift right knee and scoot forward on left foot with a clap

11 Step forward with right foot

12 Lift left knee and scoot forward on right foot with a clap

WALK BACK, BACK, BACK, HITCH/CLAP

Step back with left foot
Step back with right foot
Step back with left foot

Hitch up right knee and scoot back on left foot with a clap

STEP, HITCH/CLAP, STEP, HITCH/CLAP

17 Step forward with right foot

18 Lift left knee and scoot forward on right foot with a clap

19 Step forward with left foot

20 Lift right knee and scoot forward on left foot with a clap

HIP BUMPS: FORWARD, BACK, FORWARD, BACK

21 Step forward with right foot and bump hips forward-right

Bump hips back-leftBump hips forward-right

24 Bump hips back-left (weight on left foot)

BACK, LIFT/CLAP, FORWARD, LIFT/CLAP

25 Step back with right foot

26 Lift left knee and scoot back on right foot with a clap

27 Step forward with left foot

28 Lift right knee and scoot forward on left foot with a clap

1/4 TURN, LIFT/CLAP, TOUCH, CLAP

29 Step ¼ turn right with right foot

30 Lift left knee and scoot forward on right foot with a clap

- 31 Touch left toe beside right foot
- 32 Hold and clap

REPEAT