

# Remind Me

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Michelle O'Sullivan (UK)  
音樂: U Remind Me - Usher



## RUNNING MAN STEPS

- 1            Jump feet diagonally apart, right foot forward, left foot back
- &            Jump feet together hitching left knee
- 2            Jump feet diagonally apart, left foot forward, right foot back
- &            Jump feet together hitching right knee
- 3            Jump feet diagonally apart, right foot forward, left foot back
- &            Jump feet together (both feet on floor)
- 4            Jump feet diagonally forward, right foot forward, left foot back
- &            Jump feet together hitching left knee
- 5            Jump feet diagonally apart, left foot forward, right foot back
- &            Jump feet together hitching right knee
- 6            Jump feet diagonally apart, right foot forward, left foot back
- &            Jump feet together hitching left knee
- 7            Jump feet diagonally apart, left foot forward, right foot back
- &            Jump feet together (both feet on floor)
- 8            Jump feet diagonally apart, left foot forward, right foot back
- &            Jump feet together (both feet on floor) weight on left

## HITCH & SLIDES, COASTER STEP, STEP PIVOT ½ TURN

- 9&10        Hitch right leg up over left. Take big step to right then slide left to right. (weight ends on right)
- 11&12      Hitch left leg over right. Take big step to left then slide right to left (weight ends on left)
- 13&14      Step back right, step left next to right, step right forward
- 15-16      Step left forward, pivot ½ turn right

## LEFT SHUFFLE, KICK BALL CHANGE, BODY ROLL, HIP BUMPS (LEFT, RIGHT, LEFT)

- 17&18      Step left forward, step right to left, step left forward
- 19&20      Kick right forward, step right next to left, step left in place
- 21-22      Body roll (or 2 hip bumps left, right)
- 23&24      Hip bumps left, right, left

## RIGHT & LEFT SAILOR STEPS, ¾ TURN, POINT, TOUCH

- 25&26      Cross right behind left, step left to left side, step right to place
- 27&28      Cross left behind right, step right to right side, step left to place
- 29-30      Cross right behind left, pivot ¾ turn right
- 31-32      Point left to left side, touch left next to right (at end of dance add extra point out to the left side)

## REPEAT

## TAG

### End of 6th wall

- 1-2-3-4      Walk forward right, left, right, left (transfer weight to right foot)
- &5&6&7&8    Then heel jack left then right
- 9-10-11-12    Walk back right, left, right, left
- 13-14-15-16    Wiggle, tap heels, body roll (improvise and have fun)

Then restart dance

