

# Relax

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Carole Daugherty (USA) & Frank Cooper (CAN)  
音樂: Crazy Little Thing Called Love - Michael Bublé



## RIGHT CROSS, HOLD, PRESS, HOLD, CROSS, SIDE, KICK, BACK (12:00)

1-2-3-4      Step right forward across left, hold, press ball of left with weight slightly behind right, hold  
5-6-7-8      Step right slightly across left, step left slightly left, kick right foot forward right, step back on right foot

**Upper body swivels with movement**

## LEFT CROSS, HOLD, PRESS, HOLD, CROSS, SIDE, KICK, BACK (12:00)

1-2-3-4      Step left forward across right, hold, press ball of right with weight slightly behind left, hold  
5-6-7-8      Step left slightly across right, step right slightly right, kick left foot forward left, step back on left foot

**Upper body swivels with movement**

## ¼ RIGHT TURNING JAZZ BOX, HITCH HIKER, ¼ RIGHT MONTEREY WITH HOOK (6:00)

1-2-3-4      Step right foot forward across left, step back on left, turn ¼ right on right, step together on left  
5-6-7-8      On ball of left move left heel left, while on heel of right move right toes right, return toes & heel to center with weight left, point right toes out right, turn ¼ right on ball of left while drawing right foot back to hook across left

## FORWARD CROSS STRUTS: RIGHT, LEFT, STEP, KICK, ½ LEFT TURNING KICKS (3:00)

1-2-3-4      Step right forward across left with bent knee, hold, step left forward across right with bent knee, hold  
5-6-7-8      Step forward on right, kick left forward, kick left foot out left, turn ¼ left on ball of right foot, slightly hitching left knee

## STEP LEFT, RUN FORWARD RIGHT, KICK, HITCH ½ TURN LEFT HOOK, RUN FORWARD LEFT, HITCH (9:00)

1      Step in place on left foot  
2&3      Run forward on right foot, run forward on left foot, run forward on right foot  
4-5      Kick left foot forward slightly, hook left across right while turning ½ left on right foot  
6&7      Run forward on left foot, run forward on right foot, run forward on left foot  
8      Hitch right knee slightly

**No run option: step, hold, with lead foot instead of triple step run pattern**

## RIGHT COASTER STEP, STEP, SAILOR STEP, HOLD, ¼ LEFT TURNING SAILOR STEP (6:00)

1&2      Step back on right foot, step left foot next to right, step slightly forward on right foot  
3      Step out on left foot angled slightly left  
4&5      Step ball of right behind left, step left on left, step/stomp right foot out right  
6      Hold  
7&8      Step ball of left foot behind right, turn ¼ left on right foot, step diagonally left on left

**REPEAT**