

Reggae Reaction

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Christopher J. Spicer (USA) & Crystal Collinsworth (USA)
音樂: Boom Shack-A-Lack - Apache Indian



SCUFF STEPS, RIGHT SIDE SHUFFLE, ROCK STEP

1-2 Scuff right foot forward, cross right foot over left
3-4 Scuff left foot forward, cross left foot over right foot
5&6 Step right foot to right side, step left foot to right side, step right foot to right side
7-8 Rock left foot behind right foot, recover weight on right foot

STEP, SAILORS WITH ¼ TURNS, WALK (RIGHT-LEFT-RIGHT)

1 Step left foot to left side while completing a ¼ turn to the left
2&3 Right sailor step while completing a ¼ turn to left
4&5 Left sailor while completing a ¼ turn to the left
6-7-8 Walk forward right, left, right

POINTS (LEFT, RIGHT, LEFT) ¼ TURN, SYNCOPATED BODY POPS

1&2 Point left toe to left side, step left back to center, point right toe to right side
&3 Step right foot back to center, point left toe to left side
4 Complete ¼ turn to the left (weight remains of right, left toe still points forward)
5&6 Pop upper body forward, pop upper body back to center, pop lower body down
7&8 Pop lower body back to center, pop upper body forward, pop upper body back to center

Syncopated body pops can be replaced with body rolls, syncopated hip bumps, or hip rolls

WALK (LEFT, RIGHT), MAMBO STEP, ¾ TURN SHUFFLE, ½ TURN SHUFFLE

1-2 Walk forward left, right
3&4 Step left foot forward, step right foot next to left foot, step left foot back
5&6 Shuffle back (right, left, right) while completing a ¾ turn to the right (over right shoulder)
7&8 Shuffle to left side (left, right, left) while completing a ½ turn to the right (over right shoulder)

SIDE STEP, DRAG, ROCK STEP, SIDE STEP, DRAG, ROCK STEP

1-2 Step right foot to right side (giant step), drag left foot towards back of right foot
3-4 Rock left foot behind right foot, recover weight on right foot
5-6 Step left foot to left side (giant step), drag right foot towards back of left foot
7-8 Rock right foot behind left foot, recover weight on left foot

WALK (RIGHT, LEFT, RIGHT, LEFT), SYNCOPATED HEEL JACKS

1-4 Walk forward (right, left, right, left)
&5 Step back on right foot, touch left heel forward
&6 Step left foot slightly back, cross right foot over left
&7 Step back on left foot, touch right heel forward
&8 Step right foot slightly back, cross left foot over right

REPEAT

TAG

After second wall only. The tag is identical to the first sixteen counts of the dance except the last count is a touch and not a step

SCUFF STEPS, RIGHT SIDE SHUFFLE, ROCK STEP

1-2 Scuff right foot forward, cross right foot over left
3-4 Scuff left foot forward, cross left foot over right foot

5&6 Step right foot to right side, step left foot to right side, step right foot to right side
7-8 Rock left foot behind right foot, recover weight on right foot

STEP, SAILORS WITH ¼ TURNS, WALK (RIGHT-LEFT-RIGHT)

1 Step left foot to left side while completing a ¼ turn to the left
2&3 Right sailor step while completing a ¼ turn to left
4&5 Left sailor while completing a ¼ turn to the left
6-7 Walk forward (right, left)
8 Touch right foot next to left
