

Reggae Cowboy

拍數: 40 牆數: 4 級數: Beginner
編舞者: Gene Schrivener
音樂: Get Into Reggae Cowboy - The Bellamy Brothers



STEP, CLAP, CLAP X 4

1&2 Step right foot forward, touch left foot next to right and clap hands twice
3&4 Step left foot forward, touch right foot next to left and clap hands twice
5&6 Step right foot forward, touch left foot next to right and clap hands twice
7&8 Step left foot forward, touch right foot next to left and clap hands twice

WALK BACK & HITCH X 2

1-4 Walk back right, left, right and hitch left knee
5-8 Walk back left, right, left and hitch right knee

GRAPEVINE & STOMP X 2

1-2 Step right foot to right side, cross left foot behind right
3-4 Step right foot to right side, stomp left foot next to right keeping weight on right foot
5-6 Step left foot to left side, cross right foot behind left
7-8 Step left foot to left side, stomp right foot next to left keeping weight on left foot

TURNING GRAPEVINE & STOMP X 2

1-2 Step right foot $\frac{1}{4}$ turn right, step left foot $\frac{1}{4}$ turn right
3-4 Step right foot $\frac{1}{2}$ turn right, stomp left foot next to right keeping weight on right foot
5-6 Step left foot $\frac{1}{4}$ turn left, step right foot $\frac{1}{4}$ turn left
7-8 Step left foot $\frac{1}{2}$ turn left, stomp right foot next to left keeping weight on left foot

"DIAMOND" SHUFFLES

1&2 Shuffle forward to front right diagonal-right, left, right
3&4 Turn $\frac{1}{4}$ turn right and shuffle back facing back left diagonal-left, right, left
5&6 Turn $\frac{1}{4}$ right and shuffle forward facing back right diagonal-right, left, right
7&8 Turn $\frac{1}{8}$ turn right and shuffle back facing side wall - left, right, left

REPEAT

A version of this dance was introduced by Irène Cousin in early-2005 that changes the turning grapevines into regular grapevines and puts TWO shuffles on each side of the diamond, which adds 8 counts to the dance.