

# Reflexions

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Nicola Glenc (UK)  
音樂: Husbands and Wives - Brooks & Dunn



## **RIGHT TWINKLE, LEFT TWINKLE, ½ TURN RIGHT, LEFT TWINKLE**

- 1-3            Step right foot across left, step on ball of left foot to left side, turning body slightly left, step right foot to right side
- 4-6            Step left foot across in front of right, step on ball of right foot to right side turning body slightly right, step left foot to left side
- 7-9            Step right foot across in front of left, step left foot to left side, turn ½ right, step right foot to right side
- 10-12        Step left foot across in front of right, step on ball of right foot to right side turning body slightly right, step left foot to left side

## **CROSS, SIDE, DRAG, FULL TURN RIGHT, CROSS, SIDE, BEHIND, SIDE ROCKS**

- 13-15        Step right across in front of left, step left foot to left side, drag right toe towards left foot, touch ball of right next to left
- 16-18        Step right foot to right side with right toe out to start right turn. Small step with left foot completing full right turn. Step right foot to right
- 19-21        Cross left foot in front of right, step right foot to right side, step left foot behind right
- 22-24        Step right foot to right side, rock weight onto left foot, replace weight on right

## **FULL TURN RIGHT, RIGHT TWINKLE, LEFT TWINKLE, RIGHT TWINKLE**

- 25-27        Step left foot to left side with left toe out to start left turn. Small step with right foot completing full turn left. Step left foot to left side
- 28-30        Step right foot across left, step on ball of left to left side, turning body slightly right, step left foot to left side
- 31-33        Step left foot across right, step on ball of right foot to right side turning body slightly left, step right foot to right side
- 34-36        Step right foot across left, step on ball of left foot to left side, turning body slightly left, step right foot to right side

## **½ TURN LEFT, BALANCE BACK, TOUCH, ½ TURN RIGHT, BALANCE BACK**

- 37-39        Step forward with left foot with toe out to prepare for turn. Small step with right foot making ½ turn left, step back on left foot
- 40-42        Step back right foot, step left beside right, touch right toe beside left foot
- 43-45        Step forward with right foot, with toe out to prepare for turn, small step with left foot making ½ turn right, step back on right foot
- 46-48        Step back left foot, step right beside left, step left foot beside right

## **REPEAT**

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