Reel Away (P)



拍數: 32 牆數: 0 級數: Partner

編舞者: Nigel Payne (UK) & Barbara Payne (UK)

音樂: Reel Away - Dave Sheriff



HEEL SWITCHES, KICKS TWICE

1&2 Tap right heel forward, step right beside left, tap left heel forward

&3-4 Step left beside right, kick right foot forward twice

&5&6 Step right beside left, tap left heel forward, step left beside right, tap right heel forward

&7-8 Step right beside left, kick left foot forward twice

ROCK STEP, SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD

9-10 Rock forward onto left, recover back onto right

11&12 Step back on left, step right beside left, step back on left

13-14 Rock back on right, recover forward on left

15&16 Step forward on right, step left beside right, step forward on right

FULL TURN RIGHT, LEFT SHUFFLE, FULL TURN LEFT, RIGHT SHUFFLE

Drop left hands & raise right hands, lady passes under raised right arm, right arm passes over man's head back into sweetheart to complete full turn

17-18 Step forward left turning ½ turn right, /on ball of left pivot ½ turn back over right shoulder

stepping right foot forward

19&20 Step forward on left, step right beside left, step forward on left

Drop right hands & raise left hands, man passes under raised left arm, left arm passes over. Lady heads back into sweetheart to complete full turn

21-22 Step forward right turning ½ turn left, on ball of right pivot ½ turn back over left shoulder

stepping left foot forward

Step forward on right, step left beside right, step forward on right

Easy option for counts 17-24

17-18 Walk forward left, right

19&20 Step forward on left, step right beside left, step forward on left

21-22 Walk forward right, left

Step forward on right, step left beside right, step forward on right

ROCK RECOVER, SHUFFLE FULL TURN LEFT, COASTER STEP

25-26 Rock forward onto left, recover back onto right

Release left hands & take right over ladies head & down behind mans back as you turn

27&28 Shuffle ½ turn back over left shoulder stepping left, right, left, (facing RLOD)

Pick up left hands & release right & take left back over lady's head as you complete the turn

29&30 Shuffle ½ turn left stepping right, left, right, (now back in sweetheart facing LOD)

31&32 Step back onto left, step right beside left, step forward onto left

Easy option for counts 27-30, replaced turns by shuffling back, left, right, left & then, right, left, right Hands remain in sweetheart for this option

REPEAT