

Rednex Stomp

COPPERKNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Improver contra dance
編舞者: Chris Kumre (USA)
音樂: Cotton Eye Joe - Rednex



Position: Begin back to back, about 8 feet apart

TOE FANS

1-4 Right toe fan out, fan in, fan out, fan in
5-8 Left toe fan out, fan in, fan out, fan in

TOE AND HEEL SPLITS

9-10 Both toes fan out, both toes in
11-12 Both heels fan out, both heels in

RIGHT AND LEFT HOOK

13-14 Right heel touch forward, right hook across left leg
15-16 Right heel touch forward, right step together
17-18 Left heel touch forward, left hook across right leg
19-20 Left heel touch forward, left step together

STOMP AND HOLD, PIVOT TURN AND HOLD

21-22 Right stomp forward, hold
23-24 Pivot ½ turn left, hold

Complete turn began with 21-22, right stomp forward

RIGHT AND LEFT KICK AND SHUFFLE

25-26 Right stomp (no weight), right kick forward
27-28 Right shuffle in place
29-30 Left stomp (no weight), left kick forward
31-32 Left shuffle in place

RIGHT AND LEFT SHUFFLE (PROMENADE) FORWARD TWICE

33-34 Right shuffle forward
35-36 Left shuffle forward
37-38 Right shuffle forward
39-40 Left shuffle forward

JAZZ BOX WITH ¼ TURN RIGHT TWICE

41-42 Right step across left, left step back
43-44 Right step to side with ¼ turn right, left together
45-46 Right step across left, left step back
47-48 Right step to side with ¼ turn right, left together

RIGHT VINE AND STOMP:

49-52 Right vine (with left stomp on 4th step)

LEFT VINE WITH ½ TURN AND STOMP:

53-55 Left vine with ½ turn
56 Left stomp

REPEAT

At some point Knox Rhine added some steps to Chris' dance making it a 64 count dance. To do the Knox "altered" version insert the following as steps 41-48

REPEAT RIGHT AND LEFT KICK AND SHUFFLE AS BEFORE:

41-42 Right stomp (no weight), right kick forward

43-44 Right shuffle in place

45-46 Left stomp (no weight), left kick forward

47-48 Left shuffle in place
