

Redneck Woman? Hell Yeah!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Heidi Angelika Scott (NOR)
音樂: Redneck Woman - Gretchen Wilson



WALK FORWARD ON LEFT DIAGONAL WITH RIGHT, LEFT, CROSS ROCK RIGHT OVER LEFT, RECOVER, STEP RIGHT IN CENTER

1-2 On left diagonal walk forward on right, left

Arms: swing arms to the left, then to the right

3&4 Cross rock right over left, recover on left, (turn body to face front) step right in center

WALK FORWARD ON RIGHT DIAGONAL WITH LEFT, RIGHT, CROSS ROCK LEFT OVER RIGHT, RECOVER, STEP LEFT IN CENTER

5-6 On right diagonal walk forward on left, right

Arms: swing arms to the right, then to the left

7&8 Cross rock left over right, recover on right, (turn body to face front) step left in place

STEP FORWARD, ½ TURN, STEP FORWARD, KICKBALL STEP, STEP FORWARD, ½ TURN, STEP FORWARD, KICKBALL POINT

1&2 Step forward on right, ½ turn left, step forward on right

3&4 Left kickball step (kick left foot forward, replace left, step forward on right)

5&6 Step forward on left, ½ turn right, step forward on left

7&8 Right kickball point (kick right foot forward, replace right, point left to the left)

CROSS POINT, CROSS STEP STEP, TOE SWITCHES, CROSS SHUFFLE WITH ¼ TURN LEFT

1-2 Cross left in front of right, point right to the right

3&4 Cross right over left, step back on left, step right next to the left

5&6 Point left to the left, replace left foot, point the right to the right

7&8 Right cross shuffle to the left (cross right over left, step left to the left, turning ¼ turn to the left cross the right over left)

LEFT SHUFFLE FORWARD, HEELS OUT-IN, HITCH RIGHT KNEE, RIGHT SHUFFLE BACK, LEFT COASTER STEP

1&2 Left shuffle forward (step left forward, right to close, step left forward)

3&4 Swivel heels out, in, hitch right knee

5&6 Right shuffle back (step back on right, left to close, step right back)

7&8 Left coaster step (step back on left, step right to close, step forward on left)

REPEAT
