

Redneck Woman

COPPER KNOB
BY STEPHEN B. BROWN

拍數: 72 牆數: 4 級數: Improver
編舞者: Debbie 'Buttercup' Lambing (CAN)
音樂: Redneck Woman - Gretchen Wilson



RIGHT TOE STRUT JAZZ BOX

1-4 Touch right toe to right side, step down on right, touch left over right, step down on left
5-8 Step back right with right toe, step down on right, touch left toe out to left side, step down on left

LEFT TOE STRUT JAZZ BOX

1-4 Touch right toe over left, step down on right, touch back left toe, step down on left
5-8 Touch right toe right, step down on right, touch left beside right, step down on left

SIDE STEP TOGETHER HEEL SWIVELS RIGHT

1-4 Step right to right, step left beside right, step right to right, step left beside right
5-8 On toes of both feet twist both heels right, return both heels center, twist both heels right, return both heels center

SIDE STEP TOGETHER HEEL SWIVELS LEFT

A repeat of previous 8 counts leading with left

1-4 Step left to left, step right beside left, step left to left, step right beside left
5-8 On toes of both feet twist both heels left, return both heels center, twist both heels left, return both heels center

HEEL HOOK; STEP LOCK STEP SCUFF RIGHT

1-4 Touch right heel forward, hook right heel across left shin, touch right heel forward, hook right heel across left shin
5-8 Step diagonally forward right with right, lock step left behind right, step right forward, scuff left forward

HEEL HOOK; STEP LOCK STEP SCUFF LEFT

A repeat of previous 8 counts leading with left

1-4 Touch left heel forward, hook left heel across right shin, touch left heel forward, hook left heel across right shin
5-8 Step diagonally forward left with right, lock step right behind left, step left forward, step right beside left

Weight is even both feet

HITCH HIKER SWIVELS TO RIGHT; LEFT

1-2 Transfer weight to right heel and left toe swivel right, swivel center
3-4 Transfer weight to right heel and left toe swivel right, swivel center

Hitchhike for counts 1 and 3 by bringing your right hand up to your right shoulder, hand fisted and thumb out
Easier option for 1 and 3: on balls of both feet swivel both heels left

5-6 Transfer weight to left heel and right toe swivel left, swivel center

7-8 Transfer weight to left heel and right toe swivel left, swivel center

Hitchhike for counts 5 and 7 by bringing your left hand up to your left shoulder, hand fisted and thumb out
Easier option for 5 and 7: on balls of both feet swivel boot heel right

STEP HOLD ½ PIVOT LEFT HOLD

1-4 Step forward right, hold, pivot ½ left, hold
5-8 Step forward right, hold, pivot ½ left, hold

STEP HOLD ¼ LEFT; MONTEREY TURN RIGHT

1-4 Step right forward, hold, turn ¼ left, hold

5-6 Touch right toe to right side, step right next to left as you turn ½ right on ball of left foot then change weight

7-8 Touch left toe to left side, step left next to right

REPEAT

TAG

Repeat the "Hitch Hiker Swivels To Right; Left" the 1st time you dance the back wall and then restart the dance
