

Redneck Woman

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver two step
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: Redneck Woman - Gretchen Wilson



WALK, WALK, SYNCOPATED FORWARD ROCK, SYNCOPATED SIDE ROCKS

1-2-3&4 Walk forward right, left, rock forward on right, rock back on left, right together
5&6-7&8 Rock left on left, recover right, left together, rock right on right, recover left, right together

PIVOT ¼ RIGHT, WEAVE RIGHT, ¼ RIGHT TURN SHUFFLE, ROCK STEP

1-2-3&4 Step left forward, pivot ¼ turn right, cross left over right, step right to right, step left behind right,
5&6-7&8 Turn ¼ right shuffle right, left, right, rock forward on left, recover on right, left together

RIGHT & LEFT SAILOR STEPS, HEEL & HEEL, ¼ TURN RIGHT

1&2-3&4 Cross right behind left, step left foot to left, right in place, cross left behind right, step right foot to right left in place
5&6&7-8 Touch right heel forward, switch and touch left heel forward, switch and touch right toe back, turning ¼ right ending with weight on right foot

HEEL & HEEL, ¼ TURN LEFT RIGHT & LEFT HIP BUMPS

1&2&3-4 Touch left heel forward, switch and touch right heel forward, switch and touch left toe back turning ¼ left ending with weight on left foot
5&6-7&8 Step on right foot bump right, left, right, step on left foot bump left right left

REPEAT
