

Red, White & Blues

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Noel Castle (AUS)
音樂: Red Lips, Blue Eyes, Little White Lies - Gary Allan



¼ RIGHT SHUFFLE, ½ LEFT SHUFFLE, ROCK, RECOVER, TRIPLE ¾ RIGHT

1&2 Turn ¼ right & step right forward, close left to right, step right forward
&3&4 Turn ½ left & step left forward, close right to left, step left forward
5-6 Rock/step right forward, recover back onto left
7&8 Step right into ¼ turn right, step left next to right with ¼ turn right, step right in place with ¼ turn right (6:00)

FORWARD, TAP, BACK/KICK/BACK/KICK, BACK/CROSS, UNWIND ½ RIGHT, BOUNCE/SNAP

1-2 Step left forward, tap right toe behind left heel (bend left knee & lean forward ("dip"))
&3&4 Step right back, kick left forward, step left back, kick right forward (move back on these steps)
&5-6 Small step right back, cross/step left over right, unwind ½ turn right (weight on both feet)
7-8 Bounce both heels up & down two times & snap fingers in front two times as you bounce (keep knees slightly bent)(12:00)

SIDE/CLOSE, SIDE/CLOSE, SIDE, CROSS/KICK, SIDE/CLOSE, SIDE/CLOSE, ¼ LEFT BRUSH

1&2& Step right side, close left to right, step right side, close left to right
3-4 Step right side, kick left across in front of right
5&6& Step left side, close right to left, step left side, close right to left
7&8 Step left into ¼ turn left, brush right forward (9:00)

SHUFFLE FORWARD, FORWARD, PIVOT ½ RIGHT, SHUFFLE ½ RIGHT, SHUFFLE ½ RIGHT

1&2& Step right forward, close left to right, step right forward
3-4 Step left ball of foot forward, pivot ½ turn right (weight right)
5&6 Shuffle left, right, left, making a ½ turn right (moving forward)
7&8 Shuffle right, left, right making ½ turn right (moving forward) (3:00)

PUSH/PIVOT TURNS ¾ RIGHT, TWIST WALKS FORWARD

&1 Lift left knee & push left ball of foot side & pivot on ball of right (start ¾ turn right)
&2 Lift left knee & push left ball of foot side & pivot on ball of right (continue turn)
&3 Lift left knee & push left ball of foot side & pivot on ball of right (continue turn)
&4 Lift left knee & push left ball of foot side & pivot on ball of right (complete ¾ turn right)
&5-6 Lift left knee, cross/step left over right (with hip/twist action), cross/step right over left (with hip/twist action)
7&8 Cross/step left over right (with hip/twist action). Cross/step right over left (with hip/twist action) (12:00)

SAILOR SHUFFLES, CROSS, UNWIND ½ LEFT, BODY ROLL

1&2 Cross/step left behind right, step right side, step left in place
3&4 Cross/step right behind left, step left side, step right in place
5-6 Cross left ball of foot behind right, unwind ½ left
7-8 Body roll down & up, using 2 counts (weight left) (6:00)

REPEAT