

Red Zone

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Advanced
編舞者: John Robinson (USA)
音樂: Caliente (Hot Club Mix Or Hot Radio Edit) - Bayside Boys



RIGHT WEAVE, SIDE ROCK STEP, LEFT WEAVE, SIDE ROCK STEP

- 1 Step left foot across behind right
- & Step right foot to right side
- 2 Step left foot across in front of right
- 3 Step right foot to right side, rocking weight onto it
- 4 Step left foot in place
- 5 Step right foot across behind left
- & Step left foot to left side
- 6 Step right foot across in front of left
- 7 Step left foot to left side, rocking weight into it
- 8 Step right foot in place

KICK-BALL CHANGE ¼ TURN RIGHT KICK-BALL CHANGE ¼ TURN RIGHT

- 1 Kick left foot forward
- & Step ball of left foot next to left, raising right foot slightly off floor
- 2 Step right foot in place
- 3 Step left foot forward
- 4 Pivot ¼ turn right on balls of feet, keeping weight on right foot
- 5 Kick left foot forward
- & Step ball of left foot next to left, raising right foot slightly off floor
- 6 Step right foot in place
- 7 Step left foot forward
- 8 Pivot ¼ turn right on balls of feet, keeping weight on right foot

4 KNEE WALKS, ROCK FORWARD, ROCK BACK

- 1 Step left foot forward, bending left knee in toward right leg
- 2 Step right foot forward, bending right knee in toward left leg
- 3 Step left foot forward, bending left knee in toward right leg
- 4 Step right foot forward, bending right knee in toward left leg
- 5 Step left foot forward, rocking weight onto it
- 6 Step right foot in place
- 7 Step left foot back, rocking weight onto it
- 8 Step right foot in place

STEP FORWARD, STOMP, SIDE TOUCH, CROSS, LEFT SUGAR FOOT, RIGHT TOUCH

- 1 Step left foot forward
- 2 Stomp right foot next to left (keep weight on left foot)
- 3 Touch right toe out to right side
- 4 Step right foot across in front of left
- 5 Touch left toe next to right instep, turning left knee in toward right leg
- 6 Touch left heel forward, turning left knee out to left side
- 7 Step left foot across in front of right
- 8 Touch right foot behind left heel

CURLY SHUFFLE, TOUCH/CLAP, LEFT SIDE SHUFFLE, REVERSE ½ PIVOT RIGHT

Angle body slightly left while executing curly shuffle

- & Keeping right foot behind left heel (raise right toe off floor), scoot back on left foot
- 1 Tap right toe to floor behind left heel
- & Keeping right foot behind left heel (raise right toe off floor), scoot back on left foot
- 2 Tap right toe to floor behind left heel
- & Keeping right foot behind left heel (raise right toe off floor), scoot back on left foot
- 3 Step right foot back

Option: Replace curly shuffle with an angled shimmy walk, stepping back right, left, right while shaking your shoulders

- 4 Touch left foot next to right (angle body forward) and clap hands
- 5 Step left foot to left side
- & Slide right foot next to left foot
- 6 Step left foot to left side
- 7 Touch right to back
- 8 Pivot ½ turn right on balls of feet, finishing with weight on right foot

ROCK FORWARD, ROCK BACK, STEP FORWARD, STOMP, SIDE TOUCH, CROSS

- 1 Step left foot forward, rocking weight onto it
- 2 Step right foot in place
- 3 Step left foot back, rocking weight onto it
- 4 Step right foot in place
- 5 Step left foot forward
- 6 Stomp right foot next to left (keep weight on left foot)
- 7 Touch right toe out to right side
- 8 Step right foot across in front of left

LEFT SUGAR FOOT, RIGHT TOUCH, CURLY SHUFFLE, TOUCH CLAP

- 1 Touch left toe next to right instep, turning left knee in toward right leg
- 2 Touch left heel forward, turning left knee out to left side
- 3 Step left foot across in front of right
- 4 Touch right foot behind left heel

Angle body slightly left while executing curly shuffle

- & Keeping right foot behind left heel (raise right toe off floor), scoot back on left foot
- 5 Tap right toe to floor behind left heel
- & Keeping right foot behind left heel (raise right toe off floor), scoot back on left foot
- 6 Tap right toe to floor behind left heel
- & Keeping right foot behind left heel (raise right toe off floor), scoot back on left foot
- 7 Step right foot back

Option: Replace curly shuffle with an angled shimmy walk, stepping back right, left, right while shaking your shoulders

- 8 Touch left foot next to right (angle body forward) and clap hands

LEFT SIDE SHUFFLE, REVERSE ½ PIVOT RIGHT, KICK-BALL-CHANGE, STEP, STOMP

- 1 Step left foot to left side
- & Slide right foot next to left foot
- 2 Step left foot to left side
- 3 Touch right to back
- 4 Pivot ½ turn right on balls of feet, finishing with weight on right foot
- 5 Kick left foot forward
- & Step ball of left foot next to left, raising right foot slightly off floor
- 6 Step right foot in place
- 7 Step left foot forward
- 8 Stomp right foot next to left (place weight on right foot)

REPEAT

